

Phone: **518.608.8211** | Toll Free: **888.647.2388** | Fax: 518.464.8777

WWW.EXCELSIOR.EDU/CPD



CENTER FOR PROFESSIONAL DEVELOPMENT

The *Prevention and Treatment of Skin Breakdown* program consists of three separate courses, each designed for a specific job level and function.

Part 1: CNA, PCA, and Home Health Aides

This unit covers skin care basics and safe patient care for those at the first level of care.

- *Observation*: Identifying skin care issues
- Communication: Sharing what you see with other members of the health care team
- Family Communication: Helping the family understand the care provided

Part 2: LPN

This unit takes a comprehensive look at pressure wounds, reasons for skin breakdown, and working with front line care-givers.

- Pressure Ulcers & Chronic Wounds: Risk factors for skin breakdown
- Clinical Decision Making: Organizing work and prioritizing patient needs
- *Leadership*: Delegation, supervision, and communication

Part 3: RN

This unit focuses on wound care from both a clinical and management perspective.

- Pressure Ulcers & Chronic Wounds: Risk factors, the role of nutrition, trends and issues in wound care
- *Clinical Decision Making*: Nurse responsibilities, ethics, research and documentation, standards of practice, delegation, legal standards, OSHA policies, patient rights and your role as a leader
- *Management Training*: Communication and business etiquette, team building, conflict management, advocating for the patient, understanding the chain of command and communicating with physicians