

**Institute for Integrative Nutrition Health Coach Training Program and Immersion Program
to Excelsior College Bachelor of Science in Liberal Arts**
Revision: January 2014

This program plan outlines how students can transfer from the program to the **Excelsior College Bachelor of Science in Liberal Arts** program. Upon completion of the **Institute for Integrative Nutrition Health Coach and Immersion Programs**, the following credits will apply for students enrolling in the **Bachelor of Science in Liberal Arts** program.

Institute for Integrative Nutrition	Semester Hours	Excelsior College Requirements	Semester Hours
Health Coach Training:			
Health and Nutrition	6	Applied Professional Elective	6
Wellness	3	Applied Professional Elective	3
Wellness Practicum	1	Applied Professional Elective	1
Contemporary Health	3	Applied Professional Elective	3
Wellness Coaching	6	Applied Professional Elective	6
Small Business Management	3	Applied Professional Elective	3
Interpersonal Communication	3	Humanities Requirement	3
Coaching and Interviewing	4	Applied Professional Elective	4
Immersion Program:			
Professional Selling	3	Applied Professional Elective (UL)	3
Market Communication	3	Applied Professional Elective (UL)	3
Coaching and Interviewing	3	Applied Professional Elective (UL)	3
Marketing Practicum	2	Applied Professional Elective (UL)	2
Total Credits Required	40	Total Credits Accepted	40

* (UL) denotes upper level course

Credits To Be Taken in Addition to Health Coach/Immersion Programs	
Excelsior College Requirements	Semester Hours
EC Success Seminar (fulfills Information Literacy)	3
Written English	6
Humanities	3
Ethics	3
Social Sciences	9
Math/Natural Sciences	9
Arts & Sciences Electives (18.00 UL)	21
Applied Professional Electives	23
Liberal Arts Capstone	3
Total Credits	80

Evaluation Summary	Semester Hours
Credits Accepted	40
Additional Credits Required	80
Total Credits Required for Bachelor's Degree	120

* Students are required to take a minimum of **12.00 credits** from Excelsior to qualify for partner pricing.

NOTE: Excelsior College reviews every student individually and this guide is just a sample scenario. Actual requirements will be dependent on the courses a student transfers to Excelsior.