

Institute for Integrative Nutrition Health Coach/Advanced Business Core Program

Associate of Science in Health Sciences

This program plan outlines how students can apply their Institute for Integrative Nutrition Health Coach/Advanced Business Core program to Excelsior University's A.S. in Health Sciences degree program.

This is only a guide in how credits will transfer into an Excelsior University degree program. **Actual transferability of credits are dependent upon current Excelsior University degree requirements and policies upon the date a student is admitted to the university.** All students will be reviewed individually as it relates to the transferability of credits into an Excelsior University degree program.

Revision: September 2022

Institute for Integrative Nutrition Credits	Semester Hours	Excelsior University Requirements	Semester Hours	
Health Coach Training Program:				
Health and Nutrition	6	Health Sciences Elective	6	
Wellness	3	Health Sciences Elective	3	
Wellness Practicum	1	Health Sciences Elective	1	
Contemporary Health Issues	3	N/A*	0	
Wellness Coaching	6	Health Sciences Elective	6	
Small Business Management	3	N/A*	0	
Interpersonal Communication	3	Arts and Sciences Elective	3	
Coaching and Interviewing Practicum	4	N/A*	0	
Advanced Business Core:				
Professional Selling	3	N/A*	0	
Market Communication	3	Humanities Elective*	0	
Coaching	3	N/A*	0	
Marketing Practicum	2	N/A*	0	
TOTAL CREDITS REQUIRED		40	TOTAL CREDITS ACCEPTED	19

*Credit would apply toward the Health Sciences elective component, but is presently above and beyond the maximum Health Science elective threshold of 18 semester hours.

Credits To Be Taken With Excelsior University		
INL 102: Information Literacy	1	
IND 101: Cornerstone A (Foundations)	3	
ENG 101: English Composition	3	
HSC 214: Ethics and the Health Professions	3	
PSY 235: Lifespan Development Psychology	3	
Social Sciences/History Elective	3	
Natural Sciences Supportive of Health Sciences Elective	2	
Mathematics Elective	2	
Natural Sciences/Mathematics Elective	2	
Arts & Sciences Elective	7	
HSC 112: Medical Terminology	3	
HSC 121: Health Care in the United States	3	
HSC 124: Professionalism in Health Care	3	
HSC 292: Health Sciences Capstone	3	
TOTAL CREDITS		41

EVALUATION SUMMARY	Semester Hours
Credits Accepted from Institute for Integrative Nutrition	19
Credits from Excelsior *	41
TOTAL CREDITS REQUIRED	60

* All credits with the exception of the cornerstone, information literacy, and capstone may be transferred from other institutions.

* Excelsior University reviews every student individually and this guide is just a sample scenario. Actual requirements will be dependent on the courses a student transfers to Excelsior.



What are Arts & Sciences?

Humanities

Humanities subjects focus on developing knowledge and skills in critical reading, logical thought, and esthetic appreciation.
Here are some subject areas typically classified as Humanities:

Art, Philosophy, Music, Foreign Language, Literature, Theater, Ethics, Speech, Religion, Communication

Social Sciences and History

Social Sciences and History subjects focus on individuals and society and the processes individuals use to order their world.
Here are some subject areas typically classified as Social Sciences and History:

Psychology, Economics, Sociology, Geography, Political Science, History, Anthropology

Natural Sciences and Mathematics

Natural Sciences and Mathematics subjects focus on understanding the natural world and problem-solving processes.
Here are some subject areas typically classified as Natural Sciences and Mathematics:

Anatomy and Physiology, College Algebra, Microbiology, Calculus, Chemistry, Genetics, Biology, Physics