

Institute for Integrative Nutrition

Health Coach/Advanced Business Core Program

Bachelor of Science in Health Care Management

This program plan outlines how students can apply their Integrative Nutrition Health Coach/Advanced Business Core to Excelsior University's B.S. in Health Care Management degree program.

This is only a guide in how credits will transfer into an Excelsior University degree program. **Actual transferability of credits are dependent upon current Excelsior University degree requirements and policies upon the date a student is admitted to the university.** All students will be reviewed individually as it relates to the transferability of credits into an Excelsior University degree program.

Revision: September 2022

Institute for Integrative Nutrition Credits	Semester Hours	Excelsior University Requirements	Semester Hours
Health Coach Training Program:			
Health and Nutrition	6	Business/Health Care Elective	6
Wellness	3	Free Elective	3
Wellness Practicum	1	Free Elective	1
Contemporary Health Issues	3	N/A	0
Wellness Coaching	6	N/A	0
Small Business Management	3	N/A	0
Interpersonal Communication	3	Humanities Elective	3
Coaching and Interviewing Practicum	4	Free Elective	4
Advanced Business Core:			
Professional Selling	3	N/A	0
Market Communication	3	Humanities Elective	3
Coaching	3	N/A	0
Marketing Practicum	2	N/A	0
TOTAL CREDITS REQUIRED	40	TOTAL CREDITS ACCEPTED	20

Credits To Be Taken With Excelsior College	
INL 102: Information Literacy	1
IND 101: Cornerstone A (Foundations) OR IND 301: Cornerstone B (Pathways)	3
ENG 101: English Composition	3
HSC 310: Writing and Communication in the Health Sciences Profession	3
Health Care Ethics	3
Social Sciences/History Elective	3
ECO 260: Introduction to Microeconomics	3
ECO 262: Introduction to Macroeconomics	3
Natural Sciences/Mathematics Elective	4
MAT 201: Statistics	3
Arts & Sciences Elective	27
Natural Sciences Core	2
HSC 112: Medical Terminology	3
Business OR Health Care Elective	15
HSC 302: Foundations of Health Care Management	3
PSY 305: Research Methods	3
BUS 311: Organizational Behavior	3
HSC 414: Budget and Finance in Health Care Organizations	3
BUS 312: Managing Human Resources	3
HSC 431: Health Care Delivery Systems	3
HSC 450: Economics of Health Care	3
HSC 470: Health Care Management Capstone	3
TOTAL CREDITS	100

EVALUATION SUMMARY	
Credits Accepted from Institute of Integrative Nutrition	20
Credits from Excelsior *	100
TOTAL CREDITS REQUIRED	120

* All credits with the exception of the cornerstone, information literacy, and capstone may be transferred from other institutions.

* Students are required to complete a minimum of 21 upper-level credits within the Professional Core (Principles of Health Care Management, Research Methods, Organizational Behavior, Budget and Finance in Health Care Organizations, Managing Human Resources, Introduction to the Health Care Delivery System, Economics of Health Care, Business **OR** Health Sciences Electives).

* Excelsior University reviews every student individually and this guide is just a sample scenario. Actual requirements will be dependent on the courses a student transfers to Excelsior.



What are Arts & Sciences?

Humanities

Humanities subjects focus on developing knowledge and skills in critical reading, logical thought, and esthetic appreciation. Here are some subject areas typically classified as Humanities:

Art, Philosophy, Music, Foreign Language, Literature, Theater, Ethics, Speech, Religion, Communication

Social Sciences and History

Social Sciences and History subjects focus on individuals and society and the processes individuals use to order their world. Here are some subject areas typically classified as Social Sciences and History:

Psychology, Economics, Sociology, Geography, Political Science, History, Anthropology

Natural Sciences and Mathematics

Natural Sciences and Mathematics subjects focus on understanding the natural world and problem-solving processes. Here are some subject areas typically classified as Natural Sciences and Mathematics:

Anatomy and Physiology, College Algebra, Microbiology, Calculus, Chemistry, Genetics, Biology, Physics