

**INSTITUTE FOR INTEGRATIVE NUTRITION**  
**HEALTH COACH/ADVANCED BUSINESS CORE PROGRAM**  
**Bachelor of Science in Health Sciences**

This program plan outlines how students can apply their Institute for Integrative Nutrition Health Coach/Advanced Business Core program to Excelsior University's B.S. in Health Sciences degree program.

This is only a guide in how credits will transfer into an Excelsior University degree program. **Actual transferability of credits are dependent upon current Excelsior University degree requirements and policies upon the date a student is admitted to the university.** All students will be reviewed individually as it relates to the transferability of credits into an Excelsior University degree program.

**Revision: August 2022**

Institute for Integrative Nutrition	Semester Hours	Excelsior University Requirements	Semester Hours	
<b>Health Coach Training Program:</b>				
Health and Nutrition	6	Health Sciences Elective	6	
Wellness	3	Health Sciences Elective	3	
Wellness Practicum	1	Health Sciences Elective	1	
Contemporary Health Issues	3	Health Sciences Elective	3	
Wellness Coaching	6	Health Sciences Elective	6	
Small Business Management	3	N/A	0	
Interpersonal Communication	3	Humanities Elective	3	
Coaching and Interviewing Practicum	4	Health Sciences Elective	4	
<b>Advanced Business Core:</b>				
Professional Selling	3	N/A	0	
Market Communication	3	Humanities Elective	3	
Coaching	3	Health Sciences Elective	3	
Marketing Practicum	2	N/A	0	
<b>TOTAL CREDITS REQUIRED</b>		<b>40</b>	<b>TOTAL CREDIT ACCEPTED</b>	
			<b>32</b>	

Credits To Be Taken With Excelsior University	
<b>EXCELSIOR UNIVERSITY CREDIT REQUIREMENTS</b>	
INL 102: Information Literacy	1
IND 101: Cornerstone A (Foundations) <b>OR</b> IND 301: Cornerstone B (Pathways)	3
ENG 101: English Composition	3
ENG 102: English Composition II	3
HSC 310: Writing and Communication in the Health Sciences Professions	3
BUS 323: Business Ethics	3
Social Sciences/History Electives	9
Natural Sciences/Math Electives	3
MAT 201: Statistics	3
Natural Sciences Elective	3
Arts and Sciences Electives	27
Health Sciences Elective	3
HSC 320: Health Care Issues in Culturally Diverse Populations	3
HSC 365: Research for Evidence-Based Practice	3
HSC 431: Introduction to Health Care Delivery Systems	3
HSC 445: Introduction to Health Care Informatics	3
Health Sciences Area of Emphasis	9
HSC 464: Health Sciences Capstone	3
<b>TOTAL CREDITS</b>	
<b>88</b>	

EVALUATION SUMMARY		Semester Hours
Credits Accepted from INSERT PARTNER NAME Training		32
Credits from Excelsior *		88
<b>TOTAL CREDITS REQUIRED</b>		<b>120</b>

\* All credits with the exception of the cornerstone, information literacy, and capstone may be transferred from other institutions.

\* Students are required to take a minimum of twelve (12) online Excelsior University course credits to qualify for partner pricing.

\* Excelsior University reviews every student individually and this guide is just a sample scenario. Actual requirements will be dependent on the courses a student transfers to Excelsior.



## What are Arts & Sciences?

### Humanities

Humanities subjects focus on developing knowledge and skills in critical reading, logical thought, and esthetic appreciation. Here are some subject areas typically classified as Humanities:

*Art, Philosophy, Music, Foreign Language, Literature, Theater, Ethics, Speech, Religion, Communication*

### Social Sciences and History

Social Sciences and History subjects focus on individuals and society and the processes individuals use to order their world. Here are some subject areas typically classified as Social Sciences and History:

*Psychology, Economics, Sociology, Geography, Political Science, History, Anthropology*

### Natural Sciences and Mathematics

Natural Sciences and Mathematics subjects focus on understanding the natural world and problem-solving processes. Here are some subject areas typically classified as Natural Sciences and Mathematics:

*Anatomy and Physiology, College Algebra, Microbiology, Calculus, Chemistry, Genetics, Biology, Physics*