

**Institute for Integrative Nutrition Health Coach/Advanced Business Core Programs
to Excelsior College AS Health Sciences**
Revision: March 2020

This program plan outlines how students can transfer from the **Institute for Integrative Nutrition Health Coach/Advanced Business Core** program to the **Excelsior College AS Health Sciences** program. Upon completion of the **Institute for Integrative Nutrition Health Coach/Advanced Business Core** programs, the following credits will apply for students enrolling in the **AS Health Sciences** program.

Institute for Integrative Nutrition Credits	Semester Hours	Excelsior College Requirements	Semester Hours
Health Coach Training Program:			
Health and Nutrition	6	Health Science Elective	6
Wellness	3	Health Science Elective	3
Wellness Practicum	1	Health Science Elective	1
Contemporary Health Issues	3	Health Science Elective*	0
Wellness Coaching	6	Health Science Elective	6
Small Business Management	3	Health Science Elective*	0
Interpersonal Communication	3	Humanities Requirement	3
Coaching and Interviewing Practicum	4	Health Science Elective*	0
Advanced Business Core (formerly Immersion Program):			
Professional Selling	3	Health Science Elective*	0
Market Communication	3	Humanities Requirement*	0
Coaching	3	Health Science Elective*	0
Marketing Practicum	2	Health Science Elective*	0
Total Credits Required for IIN Program	40	Total Credits Accepted from IIN Program	19

*Credit would apply toward the Health Sciences Elective Component, but is presently above and beyond the maximum Health Sciences Elective threshold of 18.0 semester hours.

Credits To Be Taken at Excelsior College *

Excelsior College Requirements	Semester Hours
INL 102: Information Literacy (MUST be completed with Excelsior)	1
IND 101: Cornerstone A (Foundations) (MUST be completed with Excelsior)	3
Written English Requirement (English Composition)	3
HSC 214: Ethics and the Health Professions	3
PSY 235: Lifespan Developmental Psychology	3
Social Sciences Elective	3
Natural Science Supportive of Health Sciences	2
Mathematics	2
Natural Sciences/Mathematics Elective	2
Arts & Sciences Electives	8
HSC 112: Medical Terminology	3
HSC 121: Health Care in the United States	3
HSC 124: Professionalism in Health Care	3
HSC 292: Associates in Health Sciences Capstone <i>NOTE: The Capstone MUST be completed at Excelsior</i>	3
Total Credits	42

Evaluation Summary	Semester Hours
Credits Accepted from IIN Program	19
Credits from Excelsior *	42
Total Credits Required for AS Health Sciences Degree	61

* Students are required to take a minimum of **12.00 credits** from Excelsior to qualify for partner pricing.

NOTE: Excelsior College reviews every student individually and this guide is just a sample scenario. Actual requirements will be dependent on the courses a student transfers to Excelsior.

What are Arts and Sciences?

We offer the following definitions to help you make these determinations. Remember, however, that before you pay to take a course or examination you should always consult with your advisor to make sure that it will help meet your degree requirements.

Humanities

Humanities subjects focus on developing knowledge and skills in critical reading, logical thought, and esthetic appreciation. Here are some subject areas typically classified as Humanities:

Art, Philosophy, Music, Foreign Language, Literature, Theater, Ethics, Speech, Religion, Communication

Social Sciences and History

Social Sciences and History subjects focus on individuals and society and the processes individuals use to order their world. Here are some subject areas typically classified as Social Sciences and History

Psychology, Economics, Sociology, Geography, Political Science, History, Anthropology

Natural Sciences and Mathematics

Natural Sciences and Mathematics subjects focus on understanding the natural world and problem-solving processes. Here are some subject areas typically classified as Natural Sciences and Mathematics.

Anatomy and Physiology, College Algebra, Microbiology, Calculus, Chemistry, Genetics, Biology, Physics