



School of Nursing

# CATALOG



[www.excelsior.edu](http://www.excelsior.edu)



## THE PHILOSOPHY OF EXCELSIOR COLLEGE

What you know is more important than where or how you learned it.®

## ABOUT EXCELSIOR COLLEGE

Excelsior College was founded in 1971 as the external degree program of the New York State Board of Regents. In 1998, the Board of Regents granted the College (then known as Regents College) an absolute charter to operate as a private, nonprofit, independent college. As are all accredited colleges in the state, Excelsior College is a member of The University of the State of New York. The College is governed by a board of trustees composed of individuals from across the United States who are prominent in the fields of business, education, government, and the professions.

A leader in online and distance learning, Excelsior College awards associate, baccalaureate, and master's degrees, as well as offers certificate programs, through its five schools: Business & Technology, Health Sciences, Liberal Arts, Nursing, and Public Service.

Excelsior's student body represents a diverse group of adult learners.

- The average age of an Excelsior student is 38; about 57 percent are female, 43 percent are male.
- Nearly one-third of our enrolled students are from groups historically underrepresented in higher education.
- More than one-third of our students are active-duty military personnel or veterans.
- More than 150,000 persons have earned degrees from Excelsior College. Of those graduates, 11 percent come from New York State; the remaining are from the rest of the United States and other nations.

The faculty of Excelsior College, both full-time and adjunct, are drawn from many colleges and universities as well as from industry and the professions. They teach our courses, establish and monitor academic policies and standards, determine degree requirements and the means by which credit may be earned, develop the content for all examinations, and recommend degree conferral to the Excelsior College Board of Trustees.

## THE MISSION OF EXCELSIOR COLLEGE

Excelsior College provides educational opportunity to adult learners with an emphasis on those historically underrepresented in higher education. The College meets students where they are—academically and geographically, offering quality instruction and the assessment of learning.

## VISION STATEMENT

Excelsior College aspires to be a model university for the 21st century.

- Excelsior will be a provider of choice for those who pursue their educational goals in a flexible, individualized manner.
- Excelsior will continue to serve as a cost-effective stimulus for lifelong learning and individual achievement, advocating the assessment of learning and aggregation of credit.
- Excelsior will be recognized as an ideal academic collaborator and as a valuable partner in addressing societal and workforce needs.

## ACCREDITATION

Excelsior College is accredited by the Middle States Commission on Higher Education, 3624 Market Street, Philadelphia, PA 19104, telephone: 267-284-5000. The Middle States Commission on Higher Education is an institutional accrediting agency recognized by the U.S. Secretary of Education and the Council for Higher Education Accreditation (CHEA).

The associate, bachelor's, and master's degree programs in nursing at Excelsior College are accredited by the Accrediting Commission for Education in Nursing (ACEN), formerly known as the National League for Nursing Accrediting Commission (NLNAC), 3343 Peachtree Road NE, Suite 850, Atlanta, GA 30326, telephone: 404-975-5000. The ACEN is a specialized accrediting agency for nursing recognized by the U.S. Secretary of Education and the Council for Higher Education Accreditation (CHEA).

The bachelor's degree programs in electrical engineering technology and nuclear engineering technology are accredited by the Engineering Technology Accreditation Commission of ABET, 111 Market Place, Suite 1050, Baltimore, MD 21202, 410-347-7700; [www.abet.org](http://www.abet.org). ABET is a specialized accrediting agency recognized by the Council for Higher Education Accreditation (CHEA).

Excelsior College has received specialized accreditation for its business programs through the International Assembly for Collegiate Business Education (IACBE), 11374 Strang Line Rd., Lenexa, KS 66215; 913-631-3009; [www.iacbe.org](http://www.iacbe.org). The IACBE is a specialized accrediting agency recognized by the Council for Higher Education Accreditation (CHEA). The business programs in the following degrees are accredited by the IACBE: Bachelor of Science in Accounting (NYS CPA track) and Bachelor of Science in Business.

All the College's academic programs are registered (i.e., approved) by the New York State Education Department.

This school is a nonprofit corporation authorized by the State of Oregon to offer and confer the academic degrees described herein, following a determination that state academic standards will be satisfied under OAR 583-030. Inquiries concerning the standards or school compliance may be directed to the Oregon Office of Educational Policy and Planning at 255 Capital Street NE, Suite 126, Salem, Oregon 97310-1338.

## RECOGNITION

The Master of Arts in Liberal Studies program has been accepted into full membership by the Association of Graduate Liberal Studies Programs (AGLSP).

The American Council on Education's College Credit Recommendation Service (ACE CREDIT) has evaluated and made college credit recommendations for UExcel® exams and Excelsior College® Examinations.

The National League for Nursing (NLN) has designated the Excelsior College School of Nursing as a Center of Excellence in Nursing Education, 2011–2016. This distinction has been awarded in recognition of the College's sustained achievements in creating environments that promote student learning and professional development and it is the third consecutive designation the School has received since the NLN began the program in 2005.

Individual State Registration/Authorization Disclosure

For information on disclosures required by various states, visit [www.excelsior.edu/about/transparency](http://www.excelsior.edu/about/transparency).

## A Message from the Dean



Mary Lee Pollard, PhD, RN, CNE

Dear Student:

**C**ongratulations on taking the next step in achieving your educational and professional goals. The faculty and staff of Excelsior College School of Nursing are here to guide your journey.

Our School of Nursing has been designated as a National League for Nursing (NLN) Center of Excellence in Nursing Education: Creating Environments That Enhance Student Learning and Professional Development, 2005–2008, 2008–2011, and 2011–2016. This designation is something we are very proud of and strive to live up to every day!

In addition, we are very dedicated to diversifying the nursing workforce; one of the ways in which we do this is by serving those traditionally underrepresented in nursing. Our efforts in this area have been recognized in a number of ways. The American Assembly for Men in Nursing presented Excelsior with its Best School award in 2006, 2007, 2009, 2011 and 2013; what's more, Excelsior has been approved to host a new chapter of the AAMN here in New York's Capital Region, and *Hispanic Outlook in Higher Education* magazine named Excelsior as a top 20 school for having Hispanic graduates.

As a not-for-profit, private institution of higher education chartered by the New York State Board of Regents, the College is fully accredited by the Commission on Higher Education of the Middle States Association of Colleges and Schools, one of the oldest and most respected regional accreditors in the United States. All of our nursing programs hold specialty accreditation by the Accreditation Commission for Education in Nursing Inc. (ACEN), which is recognized by the U.S. Secretary of Education. In addition, we are co-sponsors of the Tau Kappa At-Large chapter of Sigma Theta Tau International, Honor Society of Nursing.

This catalog describes all of our nursing degree and certificate programs in detail. Please take the time to read it carefully along with the *Student Policy Handbook* available on our website. I also encourage you to take full advantage of the many learning resources Excelsior College has to offer. We offer a full array of resources, designed and delivered by our nursing faculty and staff, that will be useful as you meet each of your program requirements.

Best wishes for your success!

A handwritten signature in black ink that reads "Mary Lee Pollard". The signature is written in a cursive style.

Mary Lee Pollard, PhD, RN, CNE  
Dean, Excelsior College School of Nursing

## LIMITATIONS

Information in this catalog is current as of September 2014, and is subject to change without advance notice.

## CHANGES IN COLLEGE POLICIES, PROCEDURES, AND REQUIREMENTS

The College reserves the right to modify or revise the admission requirements of any program of the College; degree and graduation requirements; examinations, courses, tuition, and fees; and other academic policies, procedures, and requirements. Generally, program modifications and revisions will not apply to currently enrolled students so long as they actively pursue their degree requirements. However, in the event that it is necessary to make program changes for enrolled students, every effort will be made to give notice. It is also the responsibility of students to keep themselves informed of the content of all notices concerning such changes.

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Excelsior College maintains a drug-free workplace and is a drug-free school, as provided by the Federal Drug-Free Schools and Communities Act Amendments of 1989 and the Drug-Free Workplace Act of 1988.

Excelsior College does not discriminate on the basis of age, color, religion, creed, disability, marital status, veteran status, national origin, race, gender, or sexual orientation in the educational programs and activities which it operates. Portions of this publication can be made available in a variety of formats upon request.

Campus Crime Statistics can be found at the following website: <http://ope.ed.gov/security>

The Excelsior College School of Nursing offers the following degree and certificate programs:

- Associate in Science in nursing
- Associate in Applied Science in nursing
- Bachelor of Science in nursing
- Master of Science in nursing
- RN to MS in nursing
- Graduate Certificate in Nursing Management
- Post-Master's Certificate in Nursing Education

## Is the Excelsior College School of Nursing right for me?

If you want to earn a college degree and you are self-motivated to work toward that goal, we can help. You have a good chance of succeeding in the School of Nursing if you:

- are self-motivated.
- can study independently.
- can learn by reading from a variety of printed and online materials.
- are comfortable using online tools such as Web pages, e-mail, chats, etc.
- have already earned college-level credit via college courses, military training, etc.
- are organized and detail-oriented.
- can meet deadlines.
- have significant clinical experience, as required by our admissions criteria.

At the associate degree level, Excelsior offers a competency-based distance learning program. Associate degree students without licensure are prohibited from performing many clinical activities in their usual work setting. This is in contrast to students in campus-based instructional programs, who can engage in such learning activities under an exempt clause in the Nurse Practice Act. This clause enables them to perform patient care under faculty supervision. Students without a registered nursing license enrolled in Excelsior College are not eligible to practice under this clause, except during the actual administration of the Clinical Performance in Nursing Examination. All students who pursue bachelor's or master's degrees in nursing at Excelsior College have a current license to practice as a registered nurse, and may, therefore, work within the scope of their license while engaging in educational endeavors.



**Our nursing degree programs are specifically designed to serve individuals with significant experience in clinically oriented health care disciplines.** While it is possible for some associate degree nursing students to learn the necessary nursing competencies in a learning laboratory and through observation, it is extremely difficult to do so. Students with a limited background in nursing or a related health care discipline are best advised to attend an instructional program. There is no clinical instruction provided in any program in the School of Nursing.

Excelsior College is not associated with, nor does it endorse, any external organization, external firm, or group that provides theoretical and clinical learning opportunities for students. Learning opportunities and resources are provided by the College and are described on [our website](#).



### THE AMERICAN ASSEMBLY FOR MEN IN NURSING

The American Assembly for Men in Nursing presented its 2006, 2007, 2009, 2011, and 2013 *Best School or College of Nursing for Men* award to the Excelsior College School of Nursing.

### TAU KAPPA AT-LARGE CHAPTER, SIGMA THETA TAU INTERNATIONAL, HONOR SOCIETY OF NURSING

Tau Kappa At-Large, the Excelsior College and Empire State College chapter of Sigma Theta Tau International, Honor Society of Nursing, was originally chartered in July of 2004. It shares the vision of Sigma Theta Tau International—to create a global community of nurses who lead using scholarship, knowledge, and technology to improve the health of the world's people. Eligible bachelor's and master's degree students are invited for induction. Specific information about the chapter and its activities is available on a link from the [Excelsior College website](#).



Sigma Theta Tau International  
Honor Society of Nursing®



**THE EXCELSIOR COLLEGE SCHOOL OF NURSING** has been designated a Center of Excellence by the National League for Nursing for 2005–2008, 2008–2011, and 2011–2016. This coveted designation is awarded on the basis of a national peer-review process. Recognition by the National League for Nursing as a Center of Excellence indicates that the Excelsior College School of Nursing has demonstrated sustained, evidence-based, and substantive innovation in creating environments that enhance student learning and professional development, that it conducts ongoing research to document the effectiveness of such innovation, that the School sets high standards for itself, and that we are committed to continuous quality improvement.



The **Associate degree nursing team** was honored with the 2014 Best Practices in Distance Learning Programming—Silver Award from the United States Distance Learning Association (USDLA).

Effective April 2014, the **National League for Nursing Center for Innovation in Simulation and Technology** will benefit from a five-year sponsorship by **Excelsior College of NLN's Scholar-in-Residence Program**. The NLN Excelsior College Scholar-in-Residence will facilitate career advancement for nurse educators with doctoral degrees, bringing them professional development opportunities and exposing them to the latest evidence-based scholarship.

In 2014, Excelsior College established the **Robert E. Kinsinger Institute for Nursing Excellence**. The Institute creates a space for interaction between staff, faculty, students, and alumni of the Excelsior College School of Nursing with the goal of promoting excellence in scholarly work.

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# Important Information for All Students

## About Test Preparation and Tutorial Services

The College offers UExcel® exams and Excelsior College® Examinations designed to help you advance your academic objectives through independent study. A variety of learning resources, including content guides, guided learning materials, and practice tests, are available directly from Excelsior. These resources are prepared by Excelsior College so you can be assured that they are current and cover the content you are expected to master for the exams. Along with your own desire to learn, these resources are usually all that you need to help you succeed.

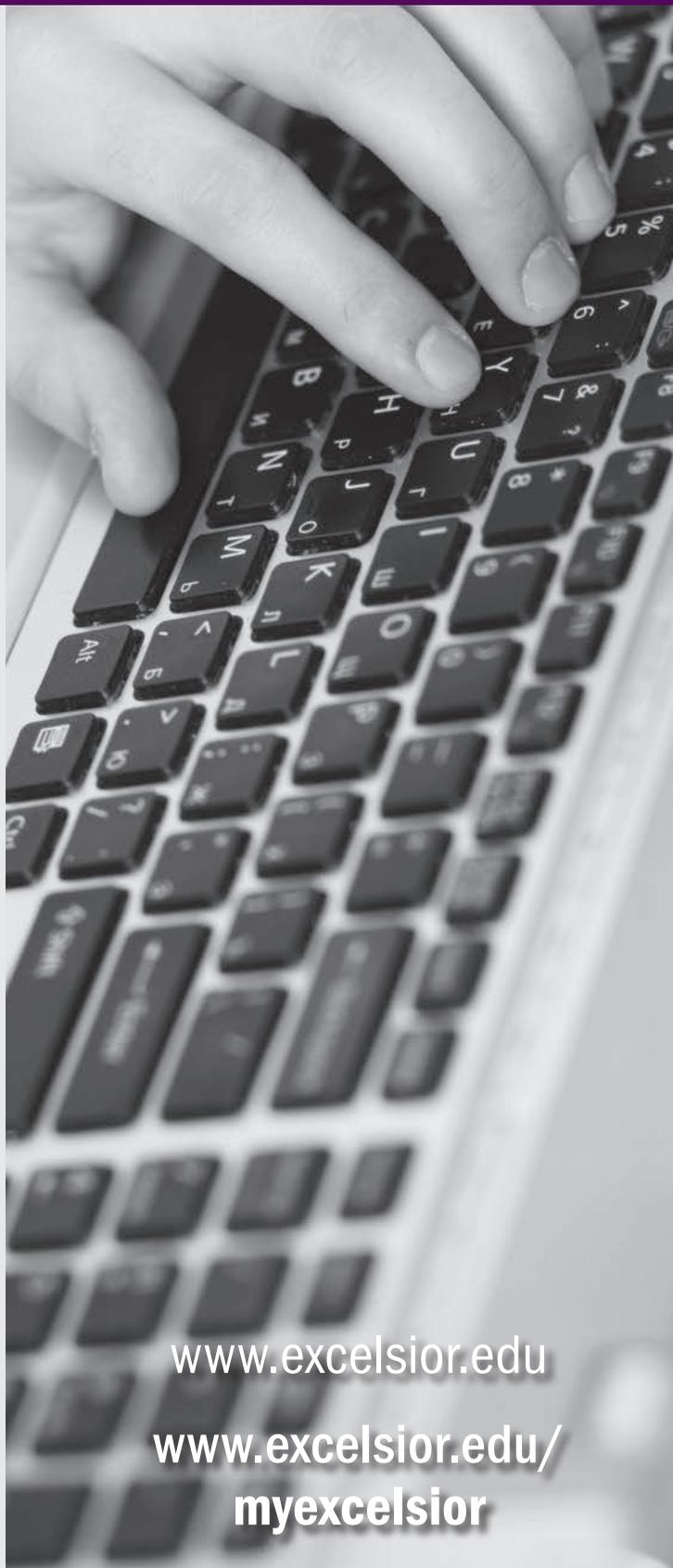
Some students may seek additional assistance or may be contacted by tutorial firms and test-preparation companies offering their own products and services. The College is not affiliated with any of these firms and does not endorse the products or services of any of these vendors since we do not review their materials for content or compatibility with UExcel® exams.

To help you become a well-informed consumer we suggest, before you make any purchase decision regarding study materials provided by organizations other than Excelsior College, that you consider the points outlined on our website.

[www.excelsior.edu/testprep](http://www.excelsior.edu/testprep)

### **IMPORTANT:**

It is important for you to keep us informed of your current contact information, so we can reach you. You can update your address, phone numbers, fax number, and email preference on our website, through your **MyExcelsior** user account, or you can call us with this information.



[www.excelsior.edu](http://www.excelsior.edu)

[www.excelsior.edu/  
myexcelsior](http://www.excelsior.edu/myexcelsior)

# Important Information

## Student Policy Handbook

The Excelsior College *Student Policy Handbook* is your resource for understanding the academic and administrative policies that are important to your academic success. It includes a wide range of information from important federal policies, including your right to privacy, to grading policies and policies and procedures concerning refunds, withdrawals, and other administrative issues.

It is your responsibility to be familiar with these policies. The term “students” includes those currently matriculated at Excelsior College taking examinations and/or courses, non-matriculated students taking examinations and/or courses, non-matriculated students in the application process, individuals using the OneTranscript® service (formerly Credit Bank), formerly matriculated students currently in withdrawn status, and graduates.

Policies and procedures that apply only to a specific degree program are listed in the appropriate school catalog. You may download a copy of the *Student Policy Handbook* from our website. File your handbook with your other important academic papers and this program catalog for easy reference.

## Standardized Testing Participation

Students have a responsibility to participate in standardized tests (an example is the “Proficiency Profile” published by Educational Testing Services) that may be required during the period of their enrollment. These tests may be in addition to regular coursework and are required to gather critical information on achievement of student learning. Students are expected to actively participate and make every effort to do their best on these assessments to produce scores that accurately reflect their abilities. The results from these assessments will not be part of the course grade but are crucial for the purpose of program improvement and are frequently required by regulators and accreditation agencies. Participation in these

assessments contributes toward increasing the value of the degree by providing evidence of student learning to external organizations, employers, and the general public.

## Excelsior College Website

Through the College’s website, you have access to a wealth of information to help you succeed as a student. If you haven’t already done so, create a MyExcelsior user account. It will serve as your gateway to a variety of support services and is where you will find up-to-date information tailored to your specific academic program as well as general announcements from the College.

## General Education Outcomes for All Undergraduate Degree Programs

Each undergraduate degree program has a strong arts and sciences component designed to help you develop a broad-based understanding of multiple disciplines, provides a breadth of academic experience to enrich your life, and allows you to become more informed and engaged as a citizen and a lifelong learner in an increasingly complex and changing world. This arts and sciences component, offered in a delivery model of flexibility, quality, and accessibility that is based on adult learning theory, helps you to integrate knowledge from multiple sources and experiences in diverse ways of knowing. These guiding principles have thus formed the five learning goals for General Education at Excelsior College.

### 1. Communication and Oral Expression

Excelsior students will be able to express themselves effectively in English, both orally and in writing, and with clarity, persuasiveness, and coherence using standard conventions of English.

### 2. Mathematics and Scientific Method

Excelsior students will utilize scientific reasoning and basic mathematical calculations in problem solving in their public discourse.

### 3. Information Literacy

In this age of information proliferation due to rapid technological advances, students will have to learn to discern information critically. They will have to learn to identify the amount and type of information needed, to understand where to locate, effectively access that information, evaluate the source of the information, and use it as per legal and ethical considerations.

### 4. Diversity and Global Understanding

Excelsior students will have an understanding and appreciation of the complexities of diversity and will be able to interact effectively with people from backgrounds and cultures different from their own. They will have gained a global perspective that is grounded in the issues, trends, and opportunities that connect nations and communities around the world. They will challenge their own sense of “self” vis-à-vis an understanding of those with different thoughts, beliefs, traditions, behaviors, and understandings.

### 5. Social Responsibility and Civic Engagement

Excelsior students will acknowledge the importance of social responsibility and civic engagement and the behaviors that support these beliefs.

For more information on the General Education goals and outcomes, visit: [www.excelsior.edu/gened](http://www.excelsior.edu/gened)

### Average Time to Degree Completion

Excelsior College degree programs are designed to be completed at your own pace. However, a student who does not transfer any credits and earns at least 30 credits per year will complete:

- an associate degree (60–67 credits) in an average of three years,
- a bachelor’s degree (120–124 credits) in an average of five years, and
- a master’s degree (30–48 credits) in an average of three years.

## Requirements for All Degree Programs

Student in all undergraduate degree programs at Excelsior College are required to meet requirements in the following general education categories:

- Information Literacy
- Written English
- Humanities
- Social Sciences and History
- Natural Sciences and Mathematics

Each degree program may require credits in specific, core subjects, within the categories listed above.

Students must work closely with their academic advisors to plan out how to meet the requirements that are in place for their particular degree program.

Coursework **must** be from an English-speaking institution. English as a Second Language courses may not be used to satisfy the written English requirement.

### Technology Literacy

Excelsior College Definition of Technology Literacy [Based on State Educational Technology Directors Association (SETDA)]

Excelsior College defines technology literacy as the ability to identify and responsibly use appropriate technology to communicate, solve problems, and access, manage, integrate, evaluate, and create information to improve learning. This will facilitate the ability to acquire new knowledge for lifelong learning in the 21st-century global workplace.

## Baseline Technology Skills and Resources

1. Prior to being admitted to Excelsior College, all students should be knowledgeable in the use of a personal computer (Windows or Macintosh). Entering students should have the ability to
  - use a personal computer,
  - use office automation programs to create, edit, store and print documents,
  - use electronic communication tools, and search and retrieve information from electronic resources to complete assignments and activities.
2. Students must have reliable access to a computer with Internet connectivity.
3. Student's computer and operating systems must meet the minimal technical requirements as noted in the Excelsior College Computer System Requirements ([www.excelsior.edu/system-requirements](http://www.excelsior.edu/system-requirements)).
4. Students must be able to utilize required software applications.
5. Students need to utilize the Excelsior College website to access information, resources, and the Message Center, and to participate in activities. See the Excelsior College Electronic Use policy ([www.excelsior.edu/electronic-use-policy](http://www.excelsior.edu/electronic-use-policy)).
6. Students are required to conduct themselves appropriately and professionally at all times, including online.

### Your Personalized MyExcelsior Account:

[www.excelsior.edu/MyExcelsior](http://www.excelsior.edu/MyExcelsior)

### Admissions:

toll free 888-647-2388, ext. 27

### Fee Schedules, Financial Aid, and Scholarships:

[www.excelsior.edu/fees](http://www.excelsior.edu/fees)

[www.excelsior.edu/financialaid](http://www.excelsior.edu/financialaid)

[www.excelsior.edu/scholarships](http://www.excelsior.edu/scholarships)

### College Publications, Applications, and Forms:

[www.excelsior.edu/publications](http://www.excelsior.edu/publications)

### Student Policy Handbook:

[www.excelsior.edu/studentpolicyhandbook](http://www.excelsior.edu/studentpolicyhandbook)

### Course and Exam Information and Registration:

[www.excelsior.edu/courses](http://www.excelsior.edu/courses)

[www.excelsior.edu/exams](http://www.excelsior.edu/exams)

[www.UExcelTest.com](http://www.UExcelTest.com)

### Learning Resources:

[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Resources tab

### Excelsior College Community Resources:

[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Communities tab

## **Mission Statement**

The mission of the Excelsior College School of Nursing is to prepare nurses at the associate, baccalaureate, and master's level to achieve professional goals through a seamless transition along the educational continuum. The School of Nursing provides access to quality nursing education for a diverse and underrepresented population of adult learners to meet the global society's need for nurses.

## **Goals of the School of Nursing**

1. Maintain national leadership in nursing and distance education and serve as an advocate for innovative and alternative educational models.
2. Contribute to the goal of the College to enhance the student experience thereby ensuring access, success, and satisfaction.
3. Maintain a healthy and diverse work environment in which faculty and staff can grow and develop intellectually and professionally.
4. Sustain the School as a Center of Excellence in Nursing Education with an environment that develops students' values, socializes them to new roles, and creates a commitment to lifelong learning.
5. Expand and enhance learning support services that are responsive to students' needs and reflect best practices.
6. Provide evidence-based, high-quality, rigorous, learner-centered academic programs.
7. Provide flexible, dynamic curricula with sound objective assessments that assure achievement of learning outcomes.

## Philosophy

The faculty of the School of Nursing is committed to an educational philosophy that emphasizes competency assessment and learning at a distance. The faculty supports programs that are designed to meet the educational goals of a diverse population of adult learners who bring varied lifelong knowledge and experience to the learning encounter. The faculty views adult independent learning as a process of knowledge acquisition attained through exposure to varied planned educational strategies unconstrained by time and/or place.

We believe in the metaparadigm concepts of person, environment, health, and nursing. A person is a unique, diverse, complex holistic being with fundamental physiological, psychological, and spiritual attributes. A person is influenced by society and their cultural, moral, ethical, and spiritual persuasion. Nurses engage with patients in a dynamic partnership reflecting dignity, values, and respect. The environment consists of all persons, places, and health care policies that impact individuals, families, and communities. The environment influences access to care, health care delivery systems, health care providers, and health outcomes. The environment provides the context within which the nurse and individuals, families, and communities interact for the provision of health care.

We view health as the actualization of human potential. Health is manifested uniquely in multidimensional and dynamic patterns and processes across the life span in response to changes in the environment. Optimal health is a right of all individuals, families, and communities. Health and illness are viewed on a continuum. Health care providers collaborate with the person in decision making for maximizing human potential or achieving a peaceful death.

Nursing is a caring profession. The faculty believes nursing is a scientific discipline with a distinct body of knowledge, including principles of nursing

leadership, ethical-legal practice, critical thinking, nursing process, and communication. Nursing collaborates with inter-professional health care teams to shape and improve patient outcomes. The focus of nursing is the health promotion and wellness, illness, disease, and injury prevention; and restoration of health of individuals, families, communities, populations, and systems. Nurses engage in professional role development throughout their career. This includes personal growth, learning new concepts, and developing a more sophisticated worldly view of health care. The nurse uses evidence-based practice and information technology to advance the science and practice of nursing.

## Nursing Education

Excelsior College School of Nursing offers associate, baccalaureate, and master's degree programs to promote academic progression and provide adult learners with the opportunity to achieve professional goals. The faculty believes that nursing education requires a solid foundation in the arts, sciences, humanities, and technology. The curricula build across the three programs and increase in complexity to meet the demands of the current health care environment.

The faculty and students are partners in the educational process to prepare graduates for practice in a complex, dynamic environment to provide safe, quality care. The faculty believes that curricula are best designed using consensus-building by a national faculty of content experts, nurse educators, researchers, and clinicians. These curricular decisions are based on principles of adult learning, internally generated data, and evidence of best practice in nursing education. The faculty believes that knowledge related to adult learning and assessment of competence support distance nursing education. The faculty believes that society's health care needs can be served by nurses with different levels of education.

## Nursing Curricula

### Organizing Framework for the Nursing Curricula

The organizing framework reflects the philosophy of the School of Nursing faculty and guides the curricula across the associate, baccalaureate, and master's programs. The faculty believes the metaparadigm concepts of nursing, person, health, and environment are interconnected with the concepts of nursing education, patient centeredness, nursing judgment, professional identity, and spirit of inquiry. These are foundational to contemporary nursing practice and reflected in student learning outcomes for each program, which increase in complexity and promote academic progression.

### Metaparadigm Concepts: Definitions

#### Nursing Judgment

Encompasses the processes of critical thinking, problem solving, and ethical reasoning in reaching decisions through collaboration and integration of best evidence into nursing practice.

#### Patient

The individual within the context of the family.

#### Patient-Centeredness

An orientation to care that integrates and reflects respect for the dignity and uniqueness of individuals, their culture, values, personal preferences, and family traditions. Patient-centeredness supports respectful, efficient, safe quality nursing care to patients through all levels of care (NLN, 2010, p.68). It advocates for patients to promote their self-fulfillment, integrity, and ongoing growth and development.

#### Professional Identity

“Involves the internalization of core values (caring, diversity, ethics, excellence, holism, integrity, and patient-centeredness) and perspectives recognized as integral to the art and science of nursing. These core values become self-evident as the nurse learns, gains experience, and grows in the profession” (NLN, 2010, p. 68) and promote the ideals of the nursing profession.

#### Spirit of Inquiry

“A persistent sense of curiosity that drives learning, practice,” and the profession. The nurse “raises questions, challenges traditional and existing practices, and seeks creative approaches to problems... in ambiguous and unpredictable situations” (NLN, 2010, p. 69).

The nursing degree programs meet the standards for registration by the New York State Education Department. The programs' curricula are comparable to campus-based instructional programs. In the associate degree programs, the student is able to demonstrate appropriate knowledge and competencies through a variety of assessment and evaluation methods, including review of credit earned from regionally accredited colleges, completion of nursing theory examinations, and criterion-referenced performance examinations and requirements. In the bachelor's degree program, the student is able to demonstrate generalist knowledge and competence through participation in online discussion, assessment of knowledge and experiential learning, evaluation of credit earned from regionally accredited colleges, nursing theory examinations, and professional certification.

In the master's degree program, the student is able to demonstrate expert/specialty knowledge and skills through participation in online discussion, assessment of knowledge and experiential learning, and evaluation of credit earned from regionally accredited colleges.

## Admission Requirements

All prospective nursing students must submit an application for admission to the School of Nursing. Each program has admission requirements.

The associate degree programs are open to licensed practical/vocational nurses, paramedics, and selected classifications of military service corpsmen<sup>①</sup>. The necessary documentation, such as copies of licenses, certificates, and official transcripts must be submitted with the admissions application. The undergraduate application for admission identifies required supporting documentation for admission by each category of applicant as well as additional admissions criteria.

Excelsior College offers a Bachelor of Science in nursing program for registered nurses as well as an RN to MS in nursing program. These programs are designed for registered nurses who have

1. completed a nursing program at an institution that was accredited by the Accreditation Commission for Education in Nursing Inc. (ACEN) during the time of the student's attendance,
2. successfully completed the NCLEX-RN<sup>®</sup>, and
3. have a current license to practice as a registered nurse in the United States.

Admission to the Master of Science in nursing program is open to anyone with a bachelor's degree in any field from a regionally accredited institution

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<sup>①</sup> Admission to the associate degree in nursing program is limited to military personnel who are on active duty, in the reserves, or have a discharge date within one year of enrollment into the Excelsior College School of Nursing. See the Undergraduate Application for Admission for a listing of the military occupations that meet the admission criteria.

and an RN license who seeks to obtain an MS in nursing with a specialization in Nursing Leadership and Administration of Health Care Systems, Nursing Education, or Nursing Informatics.

### International Student Admission Requirements

Admission to the associate degree in nursing programs is not open to international students. For the bachelor's and master's programs, in addition to official transcripts, nursing candidates must demonstrate that they have an equivalent U.S. Registered Nurse (RN) license. To be eligible for admission, the applicant must be a graduate from an approved school of nursing in their country of education and hold a current, unencumbered nursing license (if licensed in multiple jurisdictions and/or countries, all licenses must be unencumbered). All nursing school transcripts and all licenses will be validated by primary source verification. International candidates must apply to the Commission on Graduate of Foreign Nursing Schools (CGFNS) New York Credential Verification Service (NYCVS) and the New York State Education Department (NYSED) to have their foreign nursing education evaluated and approved by the aforementioned organizations.

Detailed application information and instructions are found in the application for admission. Submit questions concerning international student admission requirements via email to: [international@excelsior.edu](mailto:international@excelsior.edu).

### English Language Proficiency Requirement

International candidates from non-English speaking countries must show evidence of sufficient English language proficiency through one of the following options:

1. Submission of TOEFL (Test of English as a Foreign Language) or IELTS (International English Language Testing System) taken within the last two years.
2. Successful completion of UExcel® exam **ENGx111 English Composition** or UExcel® exam **ENGx110 College Writing**.
3. Submission of evidence of the successful completion of at least 9 credit hours of academic work in courses delivered in English at an institution of higher education in the United States.

## Time Limits and Average Time for Program Completion

All of Excelsior College nursing degree programs are designed to be completed at the student's own pace but must be completed within a specified period of enrollment. Time limits on enrollment are cumulative if enrollment is not continuous. Students who do not meet the time limit for program completion are subject to dismissal from the School of Nursing. The faculty recognize that the time limits are generous and believe they are appropriate because the students served by the College are working adults.

### Associate degree in nursing

Students have seven years to complete the associate degree in nursing programs. The average time to completion for part-time students is three years.

### Bachelor's degree in nursing

Students have seven years to complete the RN to bachelor's degree in nursing program. The average time to completion for part-time students is four years.

### Master's degree in nursing

Students have seven years to complete the master's degree in nursing program. The average time to completion for part-time students is three years.

### Registered Nurse to Master of Science in nursing completion program

Students have 12 years to complete the RN to MS in nursing program. The average time to completion for part-time students is five years.

## Licensure

Excelsior College nursing programs are designed in accordance with the requirements for Registered Nurse programs in New York State. The associate degree programs prepare students for the National Council Licensure Examination for Registered Nurses (NCLEX-RN®) for practice in the United States. Excelsior College graduates who meet eligibility requirements are eligible to take the NCLEX-RN® in New York State.

Our graduates are eligible for licensure in most other states by examination or endorsement. However, states may have different requirements for pre-licensure education; students are responsible for determining the legal criteria for licensure in the state where they wish to practice. Some states have special licensure requirements for our graduates. Graduation from a registered and accredited program does not guarantee eligibility for licensure; students may also need to meet other requirements regarding age, high school graduation, type of education, and so forth.

If the state in which you wish to be licensed is part of the national compact for licensure, ask about those specific requirements.

You must contact the boards of nursing in the states where you wish to practice for information about their specific licensure requirements.

Excelsior College graduates who are licensed as RNs in one state may be employed as RNs by Veterans Administration institutions or other federal facilities anywhere in the United States.

**Individuals convicted of felonies or certain misdemeanors or individuals with a history of substance abuse may not be eligible for licensure or eligible to take the required performance examinations for the Excelsior College nursing degree.**

You are encouraged to obtain a copy of the NCLEX-RN® Test Plan for the National Council Licensure Examination for Registered Nurses from the National Council of State Boards of Nursing Inc., 676 N. St. Clair St., Suite 550, Chicago, IL, 60611-2921. <http://www.ncsbn.org>

## Criminal Background Checks

All students enrolled in an associate degree in nursing program must complete a criminal background check prior to applying to take the Clinical Performance in Nursing Examination (CPNE®). Refer to the CPNE® Study Guide or the Excelsior College website for detailed information about the purpose of the background check, process for obtaining the check, and submission of records with your CPNE® application.

### Excelsior College Nursing Pin

Excelsior College has a nursing school pin available to all graduates of the nursing programs. The pin features a reproduction of the Excelsior College logo. The nursing pin is a symbol of accomplishment, knowledge, and competence in nursing. Students will be notified that they are eligible to purchase a pin when they complete their degree program.



# Associate Degree Programs in Nursing

**Associate in Science** and

**Associate in Applied Science**

## Beliefs About the Practice of Associate Degree Nursing

The faculty believes that the practice of nursing at the associate degree level is well-defined through three complementary and interrelated nursing practice roles: provider of care, manager of patient care, and member of the profession. Nursing at the associate degree level is practiced in a variety of settings characterized by well-established policies, procedures, and protocols. Associate degree nursing practice requires a knowledge base that emphasizes facts, concepts, principles, theories, verified observations, critical thinking, and humanistic values. Associate degree nurses use the nursing process to meet the physiological, psychological, social, cultural, spiritual, and rehabilitative needs of clients. The focus/scope of practice for associate degree nurses is on the care of clients who are individuals or members of a family. Associate degree nurses care for clients whose adaptations and resources lead to an expected response to health problems. As providers of care, associate degree nurses deliver quality care, which assists in restoring and maintaining optimal health. As managers of patient care, associate degree nurses communicate and collaborate with other members of the health care team and with clients and their families to assure quality outcomes across the continuum of care. As members of the profession, associate degree nurses function as patient advocates within ethical and legal parameters and are accountable to society and to the profession for their practice.

## Purpose of the Associate Degree Nursing Programs

The purpose of the Excelsior College associate degree nursing programs is to provide an alternative educational approach to earning an associate degree in nursing. The student's qualifications as a learned individual and a competent member of the nursing profession are documented through an objective assessment program in general education and nursing education designed to promote:

- proficiency in the practice of associate degree nursing.
- a sense of social responsibility and personal fulfillment by emphasizing the need for students to evaluate their own learning and potential achievements in terms of professional relevance and personal goals.
- a foundation for lifelong learning.

### Your Personalized MyExcelsior Account:

[www.excelsior.edu/MyExcelsior](http://www.excelsior.edu/MyExcelsior)

### Admissions:

toll free 888-647-2388, ext. 27

### Fee Schedules, Financial Aid, and Scholarships:

[www.excelsior.edu/fees](http://www.excelsior.edu/fees)

[www.excelsior.edu/financialaid](http://www.excelsior.edu/financialaid)

[www.excelsior.edu/scholarships](http://www.excelsior.edu/scholarships)

### College Publications, Applications, and Forms:

[www.excelsior.edu/publications](http://www.excelsior.edu/publications)

### Student Policy Handbook:

[www.excelsior.edu/studentpolicyhandbook](http://www.excelsior.edu/studentpolicyhandbook)

### Course and Exam Information and Registration:

[www.excelsior.edu/courses](http://www.excelsior.edu/courses)

[www.excelsior.edu/exams](http://www.excelsior.edu/exams)

[www.UExcelTest.com](http://www.UExcelTest.com)

### Learning Resources:

[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Resources tab

## Student Learning Program Outcomes

1. Use a caring, holistic approach to provide and advocate for safe quality care for patients and families emphasizing health promotion, disease management and injury prevention.
2. Apply the nursing process to make nursing judgments, substantiated with evidence to provide safe, quality patient care across the life span.
3. Use principles of management and delegation to implement plans of care with members of the intraprofessional team to achieve safe, quality patient outcomes.
4. Practice nursing using standards of practice within an ethical and legal framework.
5. Apply principles of leadership and interprofessional collaboration to improve patient outcomes.
6. Use interpreted published research and information technology to improve the quality of care for patients.

### IMPORTANT:

Throughout this catalog the term “credits” is used to indicate semester hours. Quarter hours are converted to semester hours by multiplying quarter-hour values by two-thirds.



# Associate in Science and Associate in Applied Science in Nursing

# AS/AAS

**67** Total Degree  
Credits Required

GENERAL EDUCATION COMPONENT	Credit Hours	NURSING COMPONENT	Credit Hours
Information Literacy <sup>①</sup>	1	<b>PHASE I</b> <sup>⑤</sup>	
Written English Requirement	3	<b>Transition to the Professional Nurse Role</b>	3
<b>TOTAL WRITTEN ENGLISH REQUIREMENT</b>	<b>3</b>	<b>Essentials of Nursing Care: Health Safety</b>	3
Humanities Requirement <i>Including Humanities Core</i>	6	<b>Essentials of Nursing Care: Health Differences</b> <sup>⑥</sup>	3
<b>TOTAL HUMANITIES</b>	<b>6</b>	<b>Foundations in Nursing Practice</b>	3
Life Span Developmental Psychology Core	3	<b>PHASE II</b> <sup>⑤</sup>	
Sociology Core	3	<b>Reproductive Health</b>	3
<b>TOTAL SOCIAL SCIENCES</b>	<b>6</b>	<b>Health Differences Across the Life Span 1</b>	3
Human Anatomy and Physiology Core <sup>②</sup>	4	<b>Health Differences Across the Life Span 2</b>	3
Microbiology Core <sup>②</sup>	3	<b>Health Differences Across the Life Span 3</b>	3
Mathematics	2	<b>PHASE III</b>	
<b>TOTAL NATURAL SCIENCES AND MATHEMATICS</b>	<b>9</b>	<b>FOCUSED CLINICAL COMPETENCIES ASSESSMENT</b> <sup>⑥</sup>	
<b>AS ONLY</b> Arts & Sciences Electives <sup>③</sup>	6	<b>FCCA</b> <sup>®</sup> : <b>Head-to-Toe Assessment and Nursing Process</b> <sup>⑦</sup>	2
<b>AAS ONLY</b> Free Electives/Arts & Sciences <sup>④</sup>	6	<b>FCCA</b> <sup>®</sup> : <b>Managing Multiple Patients/Working with Interdisciplinary Teams</b> <sup>⑦</sup>	2
<b>TOTAL GENERAL EDUCATION COMPONENT</b>	<b>31</b>	<b>PHASE IV</b>	
		<b>Clinical Performance in Nursing Examination (CPNE)</b> <sup>⑧</sup>	8
		<b>TOTAL NURSING COMPONENT</b>	<b>36</b>

<sup>①</sup> This requirement must be completed within the first 13 Excelsior College credits attempted.

<sup>②</sup> Must be completed no more than five years prior to the date of enrollment and before any nursing component requirements with the exception of the **Transition to the Professional Nurse Role** examination.

<sup>③</sup> A minimum of 6 credits of arts and science electives are required in the AS in nursing program.

<sup>④</sup> A minimum of 6 credits of free electives or arts and science electives are required in the AAS in nursing program.

<sup>⑤</sup> Phase I and II requirements are available as examinations or 8-week online courses.

<sup>⑥</sup> This requirement can be waived if you hold a valid and current U.S. LPN/LVN license and have demonstrated success on the NCLEX-PN within five years prior to enrollment in the School of Nursing. Submit a copy of your LPN/LVN license and official transcript for evaluation by an academic advisor.

<sup>⑦</sup> Students are eligible for this requirement when all eight of the nursing theory requirements are complete, and no more than 10 credits in general education are still needed.

<sup>⑧</sup> This examination may be scheduled after the entire FCCA <sup>®</sup> requirement is successfully completed.

ASSOCIATE DEGREE PROGRAMS

# Associate Degree Requirements: General Education and Nursing



Both the Associate in Science and the Associate in Applied Science require a total of **67** credits—**31** in general education and **36** in nursing. The two degrees have identical nursing component requirements, but they differ slightly in their general education requirements. **The chart on page 9** offers a visual representation of the AS and AAS programs.

You are subject to the degree requirements in effect at the time of your enrollment or program/degree transfer (program transfer refers to change from one school to another; degree transfer refers to changing degrees within the same school).

The faculty reserves the right to make changes in curricular requirements as necessary to reflect current professional practice. Changes may affect both enrolled and prospective students. It is your responsibility to keep informed of such changes. We make every effort to inform you of changes as they occur. Current information about degree requirements is posted on our website. Information about changes to degree requirements is also made available on our [website](#).

## General Education Component

**31 credits**

The general education requirements ensure that you develop basic college-level competence in the arts and sciences areas (humanities, social sciences/history, and natural sciences/mathematics) and information literacy, as well as the ability to express yourself in writing, read analytically, and think critically.

The study of the arts and sciences is an essential part of the preparation of a college graduate in that such study helps develop both knowledge in the discipline and an intellectual approach to problem solving. For more details on general education requirements across the College, please visit [www.excelsior.edu/gened](http://www.excelsior.edu/gened).

Requirements listed with an “x” in the prefix indicate examinations; requirements listed without an “x” in the prefix indicate courses.

## Associate in Science

Thirty of 31 required general education credits must be earned in the arts and sciences. One credit must be earned in information literacy. Credits must be distributed as follows:

### 1. Information Literacy

Students are expected to demonstrate competency in information literacy. This requirement provides a broad overview of information literacy concepts.

The information literacy requirement must be completed within the first 13 Excelsior College credits attempted. The Excelsior College **INL 102 Information Literacy** online course meets this requirement.

### 2. Written English Requirement

Three credits are required in expository writing, which may be at the freshman level.

The UExcel® exam **ENGx110 College Writing** or the **ENG 101N online course** can be taken to meet this requirement.

### 3. Humanities Distribution and Core Requirements

The humanities requirements are designed to help you learn to read critically, reason well, think logically and critically, and express aesthetic appreciation.

A minimum of 6 credits must be earned in subjects such as art (e.g., appreciation, history, or studio), English, ethics, literature, music, philosophy, religion, theater, speech, and foreign languages.

Within the humanities distribution, students are required to complete a “core” requirement, which must be a minimum of 3 credits in a humanities subject other than English composition or expository writing. One introductory, applied, or professional writing course beyond the written English requirement may apply to the humanities distribution.

The following UExcel® exams will fulfill the humanities core requirement: **MUSx101 Introduction to Music**, **HUMx310 Bioethics: Philosophical Issues**, and **PHIx310 Ethics: Theory & Practice**.

### 4. Social Sciences/History Distribution and Core Requirements

This requirement is designed to provide you with a better understanding of people and society and the processes that individuals use to order their world. Studies of Western and other cultures are encouraged.

A minimum of 6 credits must be earned in subjects such as sociology, psychology, anthropology, history, geography, political science, and economics.

Within the social sciences/history distribution, students are required to complete the life span developmental psychology and sociology core requirements.

The following UExcel® exam meets the life span developmental psychology core requirement: **PSYx210 Life Span Developmental Psychology**.

The following UExcel® exam meets the sociology core requirement: **SOCx105 Introduction to Sociology**.

### 5. Natural Sciences/Mathematics Distribution and Core Requirements

The natural science/mathematics requirement is designed to provide you with the scientific background essential to nursing practice and an understanding of the natural world as well as teach you problem-solving skills.

Within the natural sciences/mathematics distribution, students are required to complete 9 credits including the core requirements of human anatomy and physiology (minimum 4 credits, covering all major body organ systems), microbiology (minimum 3 credits), and college-level mathematics.

The science courses must be of the depth and breadth appropriate for preparation as a registered nurse. Survey and diploma-level courses are not acceptable.

Students must complete the anatomy and physiology and the microbiology core requirements no more than five years prior to the date of enrollment. The anatomy and physiology core and the microbiology core requirements must be completed before registering for any associate degree (AD) theory examinations or courses, with the exception of the **Transition to the Professional Nurse Role examination**.

The following UExcel® exam or Excelsior College courses satisfy the anatomy and physiology core requirement:

**BIOx210 Anatomy & Physiology** or

**HSC 105 Anatomy and Physiology I** and

**HSC 106 Anatomy and Physiology II**

The following UExcel® exam or Excelsior College courses satisfy the microbiology requirement:

**BIOx220 Microbiology**

**BIO 212 Microbiology**

Some state boards have specific requirements regarding the above-listed areas of study (e.g., some require a laboratory component for the science courses). Please be sure to check the licensure requirements in the state of your choice when planning your degree program.

## 6. Arts and Sciences Electives

In the Associate in Science degree program, an additional 6 credits are needed to satisfy general education requirements in the arts and sciences. These 6 credits may be distributed among the humanities, social sciences/history, and natural sciences/mathematics areas described above. Free electives (applied or professional courses) are **not** applicable to this requirement. You are encouraged to consider your interests carefully and to select subjects that complement your professional or personal interests. For example, if you are interested in working with elderly clients, you could complete examinations or courses in gerontology and the psychology of aging; or if you are interested in ethical issues, you might consider completing study in ethics, values, and philosophy. If you have a strong interest in the arts, you could study music, drama, or art. You are also encouraged to study a foreign language so you can communicate better with clients from other cultures. Always consult your advisor before registering for any examination or course.

## Associate in Applied Science

Of the 31 required general education credits, at least 24 must be earned in the arts and sciences. Of the remaining 7 credits, 1 credit must be earned in information literacy and the other 6 credits must be earned in any academic area other than nursing or physical education. If you have a degree in another applied field such as education, health, business, social work, or respiratory therapy, you may find that the Associate in Applied Science in nursing allows you to apply more transfer credit toward the general education component.

### 1. Information Literacy

Students are expected to demonstrate competency in information literacy. This requirement provides a broad overview of information literacy concepts.

The information literacy requirement must be completed within the first 13 Excelsior College credits attempted. The Excelsior College **INL 102 Information Literacy** online course meets this requirement.

### 2. Written English Requirement

Three credits are required in expository writing, which may be at the freshman level.

The UExcel® exam **ENGx110 College Writing** or the **ENG 101N online course** can be taken to meet this requirement.

### 3. Humanities Distribution and Core Requirements

The humanities requirements are designed to help you learn to read critically, reason well, think logically and critically, and express aesthetic appreciation.

A minimum of 6 credits must be earned in subjects such as art (e.g., appreciation, history, or studio), English, ethics, literature, music, philosophy, religion, theater, speech, and foreign languages.

Within the humanities distribution, students are required to complete a “core” requirement, which must be a minimum of 3 credits in a humanities subject other than English composition or expository writing. One

introductory, applied, or professional writing course beyond the written English requirement may apply to the humanities distribution.

The following UExcel® exams will fulfill the humanities core requirement: **MUSx101 Introduction to Music**, **HUMx310 Bioethics: Philosophical Issues**, and **PHIx310 Ethics: Theory & Practice**.

#### 4. Social Sciences/History Requirements

This requirement is designed to provide you with a better understanding of people and society and the processes that individuals use to order their world. Studies of Western and other cultures are encouraged.

Within the social sciences/history distribution, students are required to complete the life span developmental psychology and sociology requirements.

The following UExcel® exam meets the life span developmental psychology requirement: **PSYx210 Life Span Developmental Psychology**.

The following UExcel® exam meets the sociology requirement: **SOCx105 Introduction to Sociology**.

#### 5. Natural Sciences/Mathematics Requirements

The natural sciences/mathematics requirement is designed to provide you with the scientific background essential to nursing practice and an understanding of the natural world as well as teach you problem-solving skills.

Within the natural sciences/mathematics distribution, students are required to complete 9 credits of natural sciences supportive of nursing that include human anatomy and physiology (minimum 4 credits), microbiology (minimum 3 credits), and college-level mathematics.

A combined human anatomy and physiology course must include all major body systems and must be at least 4 credits. Survey or diploma-level courses are not acceptable.

Students must complete the anatomy and physiology and the microbiology requirements no more than five years prior to the date of

enrollment. The anatomy and physiology and the microbiology requirements must be completed before registering for any associate degree (AD) theory examinations with the exception of the **Transition to the Professional Nurse Role examination**.

The following UExcel® examination or Excelsior College courses satisfy the anatomy and physiology core requirement:

**BIOx210 Anatomy & Physiology or**

**HSC 105 Anatomy and Physiology I and**

**HSC 106 Anatomy and Physiology II**

The following UExcel® examination or Excelsior College course satisfy the microbiology requirement:

**BIOx220 Microbiology**

**BIO 212 Microbiology**

Students who withdraw from an AD program in nursing, or withdraw or graduate from any other Excelsior College degree program, and reenroll in the AD in nursing program are subject to the anatomy and physiology and microbiology time limits and requirements even if they have previously completed the Excelsior College examinations or taken courses that applied during a previous enrollment.

Some state boards have specific requirements regarding the above-listed areas of study (e.g., some require a laboratory component for the science courses). Please be sure to check the licensure requirements in the state of your choice when planning your degree program.

## 6. Free Electives/Arts and Science Electives

The additional 6 credits may be earned in any of the above arts and sciences areas **or** in other college-level subjects such as health, business, computer science, counseling, education, or nutrition. Credit from associate-level nursing courses, physical education activity courses, and courses listed as remedial or developmental cannot be used to satisfy general education degree requirements.

### Meeting Core Requirements

The following requirements must be completed with a grade of “C” or higher. Courses less than 2 semester credits will not apply to meet these core requirements.

- Humanities
- Human Anatomy
- Human Physiology
- Life Span Developmental Psychology
- Microbiology
- Sociology
- Written English

A combined human anatomy and physiology course must be at least 4 semester credits.

## Nursing Component for Both Associate Degrees in Nursing

### 36 credits

The nursing component is designed to ensure that students possess competence in theory and performance in nursing comparable to the competence of graduates of campus-based associate degree nursing programs. The curriculum is designed to facilitate achievement of the educational program outcomes determined by the faculty.

The two Excelsior College associate degree programs have identical nursing component requirements. In order to satisfy the 36-credit nursing component requirements, students must complete eight nursing theory requirements, the two-part Focused Clinical Competencies Assessment (FCCA<sup>®</sup>), and the Clinical Performance in Nursing Examination (CPNE<sup>®</sup>).

The nursing component is divided into four phases. For students enrolling on or after January 1, 2014, Phase I requirements are prerequisites to Phase II requirements.

All students, regardless of enrollment date, must complete all nursing theory requirements and at least 21 credits of general education before they are eligible for the FCCA<sup>®</sup>. Please see each requirement’s description for its prerequisites.

The School of Nursing offers online nursing theory courses as an alternative to the nursing theory examinations. The eight online courses cover the same content and use the same textbooks as the nursing examinations. The difference is in how students learn the material.

Online courses have a defined start and end date within an eight-week period during which time students are required to complete weekly assignments and interact with other students and the faculty. They are similar to campus-based courses in this regard. However, since they are offered in an asynchronous format, students have some flexibility as to when they log in and participate in learning activities.

The nursing theory online courses are asynchronous, and are eight weeks long. They require weekly online discussions, writing assignments, and quizzes. Students should plan to spend 18 hours or more per week to complete coursework. The passing grade for a nursing theory online course is C.

The content of the eight nursing theory examinations and online courses corresponds to that which is typically included in the curricula of associate degree nursing programs at accredited community colleges. This content includes essential knowledge of medical, surgical, maternity, pediatric, and psychiatric nursing as integrated with knowledge related to growth and development, nutrition and pharmacology, ethical and legal issues, and the arts and sciences.

All nursing theory examinations are multiple choice. content guides are available, and provide an outline of the topics covered, a list of study resources, sample questions, and a how-to-prepare section. All resources are recommended by the Excelsior College faculty, who develop the examinations. Students should plan to spend a total of 135 hours or more in preparation for each nursing theory examination. The passing score for the Excelsior College nursing theory examinations is a scaled score, which is equivalent to a C grade.

There is a limit on the number of times a student may repeat the same nursing theory course and/or examination. Please refer to **21** for details on this policy.

All grades earned on Excelsior College nursing theory exams and online courses (including “D,” “F” and “W” grades) **will** be posted on the student’s

academic record and on the Excelsior College transcript. This includes grades earned in any Excelsior course or Excelsior College Examination, the Focused Clinical Competencies Assessment (FCCA<sup>®</sup>), and the Clinical Performance in Nursing Examination (CPNE<sup>®</sup>). These grades will be calculated into the GPA.

Phase IV of the nursing component is comprised of the Clinical Performance in Nursing Examination. Students will be eligible for the CPNE<sup>®</sup> upon completion of both components of the FCCA<sup>®</sup>. The CPNE<sup>®</sup> is a criterion-referenced performance assessment and is graded as a pass or fail. It is administered in the acute care environment (i.e., a hospital setting). It is an assessment of clinical competencies focusing on the student’s ability to identify, plan for, and meet a variety of nursing care needs for adult and pediatric patients with common health problems. Critical thinking skills and caring behaviors needed to provide and manage care for patients are also assessed.

A description of each nursing theory requirement, the FCCA<sup>®</sup>, and the CPNE<sup>®</sup> follows.

**Your Personalized MyExcelsior Account:**

[www.excelsior.edu/MyExcelsior](http://www.excelsior.edu/MyExcelsior)

**Admissions:**

toll free 888-647-2388, ext. 27

**Fee Schedules, Financial Aid, and Scholarships:**

[www.excelsior.edu/fees](http://www.excelsior.edu/fees)

[www.excelsior.edu/financialaid](http://www.excelsior.edu/financialaid)

[www.excelsior.edu/scholarships](http://www.excelsior.edu/scholarships)

**College Publications, Applications, and Forms:**

[www.excelsior.edu/publications](http://www.excelsior.edu/publications)

**Student Policy Handbook:**

[www.excelsior.edu/studentpolicyhandbook](http://www.excelsior.edu/studentpolicyhandbook)

**Course and Exam Information and Registration:**

[www.excelsior.edu/courses](http://www.excelsior.edu/courses)

[www.excelsior.edu/exams](http://www.excelsior.edu/exams)

[www.UExcelTest.com](http://www.UExcelTest.com)

## Phase I: Nursing Theory requirements

### **NURx108/NUR 108 Transition to the Professional Nurse Role** 3 credits

*Prerequisites: The examination has no prerequisites. The online course has prerequisites of anatomy, physiology, and microbiology.*

The knowledge and competencies necessary to the role of the Registered Professional Nurse are addressed in this requirement. Assignment, delegation, and supervision responsibilities of the Registered Professional Nurse are emphasized. Recognition of the Registered Professional Nurse role in collaboration with the various interprofessional health care providers is presented. Forces affecting the role of the Registered Professional Nurse such as nursing history, nursing organizations, regulatory agencies, ethics, law, technology, health care delivery systems, and scope of practice are explored.

**Delivery:** NURx108 is a computer-based, multiple choice theory examination. NUR 108 is an online course delivered over 8 weeks.

### **NURx104/NUR 104 Essentials of Nursing Care: Health Safety** 3 credits

*Prerequisites: Anatomy and physiology (all body systems), and microbiology*

This requirement focuses on the application of the nursing process to support nursing judgment and provide patient-centered care for persons with safety needs related to the environment (emergency preparedness, physical hazards, use of restraints, and radiation, thermal, ecological and chemical exposures); biological threats (infection control, disease transmission, and physiologic defense mechanisms); and psychosocial needs (therapeutic communication, patient-teaching). Medication safety, pharmacology, and related nursing care are addressed. The use of technology and its application in health care are presented. Concepts of wellness and illness are considered when assessing a patient's health status. Principles,

concepts, and theories from the natural and social sciences in relation to safe nursing care are applied to patients across the life span.

**Delivery:** NURx104 is a computer-based, multiple choice theory examination. NUR 104 is an online course delivered over 8 weeks.

### **NURx105/NUR 105 Essentials of Nursing Care: Health Differences** 3 credits

*Prerequisites: Anatomy and physiology (all body systems), and microbiology*

Patient-centered care addressing the promotion of health and achievement of optimal outcomes for patients experiencing health problems related to nutrition, elimination, oxygenation, fluid and electrolyte balance, activity and sleep is presented in this requirement. Knowledge of anatomy and physiology and the nursing process is used to support nursing judgment. Ethical and legal implications along with evidence-based standards of nursing practice are presented in relation to safe, quality nursing care for patients and families across the life span.

This requirement can be waived if you hold a valid and current U.S. LPN/LVN license and have demonstrated success on the NCLEX-PN® within five years prior to enrollment in the School of Nursing. Submit a copy of your LPN/LVN license and official LPN/LVN program transcript for evaluation by an academic advisor.

**Delivery:** NURx105 is a computer-based, multiple choice theory examination. NUR 105 is an online course delivered over 8 weeks.

### **NURx109/NUR 109 Foundations in Nursing Practice** 3 credits

*Prerequisites: Anatomy and physiology (all body systems), and microbiology*

This requirement focuses on the application of the nursing process to support nursing judgment for the provision of evidence-based, patient-centered care. This requirement also includes the care of culturally

diverse patients experiencing health problems related to discomfort, pain, and sensory impairment. Growth and development and its relationship to health, injury prevention, illness, and continuity of care in a variety of settings are discussed. Chronic illness, disability, and end-of-life needs are addressed. Pertinent ethical, legal, and regulatory requirements, along with the standards of professional nursing practice, are addressed. Principles, concepts, and theories from the natural and social sciences in relation to safe nursing care are applied to patients and families across the life span.

**Delivery:** NURx109 is a computer-based, multiple choice theory examination. NUR 109 is an online course delivered over 8 weeks.

## Phase II: Nursing Theory requirements

### NURx209/NUR 209 Reproductive Health 3 credits

*Prerequisites: All Phase I requirements, anatomy and physiology (all body systems), and microbiology*

The care of patients and families across the life span with needs related to human sexuality, childbearing, congenital anomalies, genetic disorders, and male/female reproductive disorders is the focus of this requirement. Evidence-based, culturally sensitive nursing care, standards of professional nursing practice, as well as ethical, legal, and regulatory requirements are addressed. Principles, concepts, and theories from the natural and social sciences in relation to safe, quality nursing care are applied to patients and families across the life span.

**Delivery:** NURx209 is a computer-based, multiple choice theory examination. NUR 209 is an online course delivered over 8 weeks.

### NURx211/NUR 211 Health Differences Across the Life Span 1 3 credits

*Prerequisites: All Phase I requirements, anatomy and physiology (all body systems), and microbiology*

This requirement focuses on the application of

the nursing process to support nursing judgment and the provision of patient-centered care for patients with acute and chronic cardiovascular and respiratory health problems, impaired blood cell formation, and abnormal cell growth. Evidence-based, culturally sensitive nursing care, standards of professional nursing practice, as well as ethical, legal, and regulatory requirements are addressed. The natural and social sciences are applied to the delivery of quality nursing care for patients and families across the life span.

**Delivery:** NURx211 is a computer-based, multiple choice theory examination. NUR 211 is an online course delivered over 8 weeks.

### NURx212/NUR 212 Health Differences Across the Life Span 2 3 credits

*Prerequisites: All Phase I requirements, anatomy and physiology (all body systems), and microbiology*

This requirement focuses on the application of the nursing process to support nursing judgment and the provision of patient-centered care. A wide variety of health problems are presented. These include mental health disorders, cognitive impairment, diabetes mellitus, and dysfunction of endocrine, hepatic, biliary, renal, and pancreatic systems. Evidence-based, culturally sensitive nursing care, standards of professional nursing practice, as well as ethical, legal, and regulatory requirements are addressed. The application of anatomy and physiology, microbiology, and social science concepts is essential for the provision of safe quality patient care.

**Delivery:** NURx212 is a computer-based, multiple choice theory examination. NUR 212 is an online course delivered over 8 weeks.

### NURx213/NUR 213 Health Differences Across the Life Span 3 3 credits

*Prerequisites: All Phase I requirements, anatomy and physiology (all body systems), and microbiology*

This requirement focuses on the application of the nursing process to support nursing judgment and the provision of patient-centered care for persons

with health problems related to infectious and communicable diseases, tissue trauma, neurological dysfunction, and musculoskeletal disorders. Content areas include immune function, chain of infection, perioperative nursing, and neuromuscular functional assessment. Health problems such as HIV/AIDS, tuberculosis, hepatitis, degenerative diseases, stroke, and trauma are highlighted. Evidence-based, culturally sensitive nursing care, standards of professional nursing practice, as well as ethical, legal, and regulatory requirements are addressed. Principles, concepts, and theories from the natural and social sciences in relation to safe quality nursing care are applied to patients and families across the life span.

**Delivery:** NURx213 is a computer-based, multiple choice theory examination. NUR 213 is an online course delivered over 8 weeks.

## Phase III

### **Focused Clinical Competencies Assessment® (FCCA®) 4 credits**

*Prerequisites: Students are eligible for this requirement when all eight of the nursing theory requirements are complete, and no more than 10 credits in general education are still needed.*

Phase III of the nursing component is comprised of the Focused Clinical Competencies Assessment. This requirement consists of two eight-week clinical assessments delivered via the Excelsior College learning management system, and following the College's course term dates. The *FCCA® Review Guide* will be provided upon eligibility for this requirement. The FCCA® provides a means for students to demonstrate competencies related to the following two essential components of nursing practice:

#### ■ NURx274A FCCA: Head-to-Toe Assessment/ Nursing Process

The FCCA® Head-to-Toe Assessment and Nursing Process is an 8-week online assessment that measures knowledge, understanding, and applied skills required of the associate degree nurse to provide care to patients across the life span. This

clinically focused assessment requires the student to possess technical vocabulary and assessment skills, and to have knowledge of anatomy and physiology, and the psychosocial and physical development that are expected of the associate degree nurse. During this clinically focused assessment, the student is expected to demonstrate the knowledge and skills required of a first day graduate nurse when completing a health history, conducting a head-to-toe physical assessment, and developing a plan of care.

Students apply the nursing process to a variety of patient care situations. Students use critical thinking skills and apply principles, concepts, and theories from the natural sciences, social sciences, and the humanities to make nursing judgments that result in safe, quality patient care.

#### ■ NURx274C FCCA: Managing Multiple Patients/ Working with Interdisciplinary Teams

The FCCA® Managing Multiple Patients and Working With Interdisciplinary Teams is an 8-week online assessment that measures knowledge, understanding, and applied skills required of the associate degree-prepared registered nurse to care for patients across the life span. During this clinically focused assessment, the student is expected to demonstrate the knowledge and skills required of a first-day graduate nurse for supervising a nursing team and collaborating with interprofessional (interdisciplinary) patient-centered teams. Throughout all aspects of the online assessment, the student is required to demonstrate the ability to apply the nursing process to a variety of patient care situations, use critical thinking skills and apply principles, concepts, and theories from the natural sciences, social sciences, and the humanities to make nursing judgments that result in safe, quality patient-centered care.

Upon successful completion of each portion of the FCCA® (above), 2 credits will be awarded. Students must complete these assessments through Excelsior College. These assessments are graded as pass or fail.

## Phase IV

### **NURx299 Clinical Performance in Nursing Examination (CPNE®) 8 credits**

*Prerequisites: Students are eligible to schedule the CPNE® when they have successfully completed the entire FCCA® requirement. In addition, a criminal background check report is required with submission of the CPNE® application. See the CPNE® Study Guide or our website for information about criminal background checks.*

The CPNE® is a criterion-referenced performance assessment and is graded as pass or fail.

It is administered in the acute care environment (i.e., hospital setting). It is an assessment of clinical competencies focusing on the ability to identify, plan for, and meet a variety of nursing care needs for adult and pediatric patients with common health problems. Patients in these settings are experiencing potential, actual, and/or recurring health problems requiring maintenance and restorative interventions.

Critical thinking skills and caring behaviors needed to provide and manage care for patients are also assessed.

The CPNE® is organized around three phases of the nursing process: planning, implementation, and evaluation. The planning phase includes assessment and analysis of information necessary for identifying nursing diagnoses. Nursing interventions are based on accurate assessments of the patient's response to health problems. Care of the patient is designed to maintain, restore, alleviate, or rehabilitate, and is then evaluated for effectiveness. Critical thinking, diagnostic reasoning, use of knowledge from nursing and related disciplines, and standards of care are assessed in this examination.

**Students must complete this requirement through Excelsior College. This examination may not be waived under any circumstances.**

When scheduling the Clinical Performance in Nursing Examination, students should plan for a six-month waiting period from the date the Regional Performance Assessment Center (RPAC) administrative office receives the completed CPNE®

application until the examination is administered.

This is an important consideration when planning for program completion.

Complete applications are processed in the order in which they are received.

### **Regional Performance Assessment Centers**

Excelsior College has developed a national network of Regional Performance Assessment Centers (RPACs). Each RPAC is responsible for scheduling and administering the Clinical Performance in Nursing Examination. For additional information about each RPAC, and a list of hospital test sites, visit the CPNE area of our website:

[www.excelsior.edu/cpne](http://www.excelsior.edu/cpne).

The *CPNE® Study Guide* provides information on the process and content of this criterion-referenced performance examination and on the criteria for success. Many learning resources are also available to assist students in learning the necessary competencies. Enrolled students are sent the Study Guide free of charge when they meet the eligibility requirements. It is essential to use the Study Guide to prepare for the CPNE®, focusing on areas of care and critical elements to guide study and practice. Students who use a variety of learning resources, who contact our faculty members with questions, and who take a thorough and detailed approach when preparing for the examination are more likely to be successful.

Included in the *CPNE® Study Guide* are instructions for submitting an application electronically and information about the required documents to be submitted with the application, including the criminal background check. The Study Guide is designed for use in preparing for the examination and is intended to serve as a supplement to information in nursing textbooks. In other words, it is intended to guide study, but does not replace in-depth information provided in nursing textbooks. Additional learning resources are listed in the *CPNE® Study Guide*, in this catalog, and on our [website](#).

## Excelsior College® Examinations and Online Courses

The nursing theory requirements are the primary method for acquiring and documenting the required associate degree-level theoretical knowledge in the nursing component. The order of requirements depicted on the preceding pages is the suggested sequence. *The faculty strongly recommends that all natural and social science requirements be completed before taking any nursing examinations.* Students enrolling on or after October 1, 2012, are held to additional program requirements for anatomy and physiology and microbiology as described on **11**.

The theory examinations are administered via computer on an appointment basis at Pearson Testing Centers throughout the United States and Canada as well as in other selected locations.

Contact Excelsior College for examination content guides, applications, and information about Pearson Testing Center locations and examination fees. Write or call:

Test Administration Office, Excelsior College  
7 Columbia Circle, Albany, NY 12203-5159  
518-464-8500 or call toll free:  
888-72EXAMS (888-723-9267)

## Policies Specific to the Associate Degrees in Nursing

The *Excelsior College Student Policy Handbook* is your resource for understanding the academic and administrative policies that are important to your academic success. It includes a wide range of information from important federal policies, including your right to privacy, to grading policies and policies and procedures concerning refunds, withdrawals, and other administrative issues. It is your responsibility to be familiar with these policies.

Policies and procedures that apply specifically to the associate degrees in nursing are listed on the following pages. Please file your *Handbook* with your other important academic papers and this program catalog for easy reference.

### Admission

The associate degree programs are open to licensed practical/vocational nurses, paramedics, and selected classifications of military service corpsmen. The necessary documentation, such as copies of licenses, certificates, and official transcripts, must be submitted with the admissions application. The Undergraduate Application for Admission identifies required supporting documentation for admission by each category of applicant as well as additional admission criteria.

### Military Personnel

Admission to the associate degree in nursing programs is limited to military personnel who are on active duty, in the reserves, or have a discharge date within one year of enrollment into the Excelsior College School of Nursing. See the [undergraduate application for admission](#) for a listing of the military occupations that meet the admission criteria.

### Minimum Academic Average

Grades of D are not acceptable in transfer. Grades of D and F earned in any Excelsior College course or general education examination will be listed on your status report and official transcript and will be calculated in the GPA.

As of July 1, 2013, grades of D and F awarded for Excelsior College nursing theory examinations will be calculated into the GPA; they will be listed on academic plan documents and the official transcript. In order to graduate, students must have a cumulative average of C (2.0) or better. **Although grades of D for Excelsior College courses may be accepted for credit in the general education component (except where otherwise specified), students must have the necessary grades to achieve a C average.**

### Time Limits

The associate degree in nursing programs are designed to be completed at your own pace. Students enrolled in either the AS or AAS program

are required to complete all degree requirements within a **seven-year period** of enrollment. This time limit on enrollment is cumulative if enrollment is not continuous. **Those who do not complete the program within this time may be subject to dismissal.**

If a student withdraws from the School of Nursing and re-enrolls at a later date, a five-year age limit on nursing theory credits will be in effect.

### General Education Component

With the exception of the information literacy, anatomy and physiology core, and microbiology core requirements, there are no time limits on general education examinations or courses submitted for transfer credit. Credits earned at regionally accredited degree-granting institutions or through approved examination programs and for which official transcripts are submitted will be evaluated regardless of when they were completed.

Students should plan carefully, consulting with their academic advisors, about the examinations and courses to take to fulfill degree requirements. We recommend that students obtain prior approval from an academic advisor before registering for an examination or course from Excelsior College. If seeking approval for a course offered by another regionally accredited institution, students must provide the course title, course number, and the name of the institution to the academic advisor; in some cases, it may be necessary for the student to submit a course syllabus as well, so the advisor can determine whether the course is applicable. Prior approval should be obtained by submitting a catalog description or official course outline; include the full name of the institution offering the course. In choosing courses to meet the general education requirements, you should consider selections that will help to meet future educational or professional goals.

### Nursing Theory Series Policies

#### Policy on Registration Limitations for Nursing Theory Exams

A student enrolled in an associate degree in nursing program may be registered for a total of four nursing theory examinations at any one time. A student may

register for an additional nursing theory examination once an exam has been completed provided the total number of scheduled examinations and pending examinations does not exceed four.

Students may repeat an examination 60 days after the first attempt and 120 days after the second and subsequent attempts.

Effective with the fall 2015 trimester, nursing theory exam registration will follow the College's trimester calendar. Students must consult with the academic advising team for program planning and approval for nursing examinations.

### Policy on Repeating Nursing Theory Exams and Online Courses

Effective **September 1, 2015**, students enrolled in an associate degree in nursing program may take each nursing theory examination and/or the online theory course up to three times. Failure of the examination or the equivalent online course for the third administration will lead to academic dismissal from the nursing program. Prospective students who fail a nursing theory examination at the third administration will be denied admission to Excelsior College nursing programs. The most recent nursing theory examination or course grade applies toward the degree.

Repeating any Excelsior College examination or course will require students to pay the tuition and/or fees that are associated with that requirement.

### Focused Clinical Competencies Assessment® (FCCA®) and Clinical Performance in Nursing Examination (CPNE®) Policies

#### Policy on Repeating the FCCA® and CPNE®

The FCCA® and CPNE® are graded pass/fail. Each examination may be repeated twice for a total of three opportunities. Failure of either requirement at the third administration will lead to academic dismissal from the nursing program.

Students must complete these requirements through Excelsior College.

## Technical Standards for the CPNE®

Technical standards are the required and essential abilities that an individual taking the CPNE® must effectively demonstrate as an Excelsior College associate degree nursing student.

The CPNE® tests a student's application of the nursing process and technical components for nursing practice in the care of adults and children in the acute care setting. Therefore, the nursing student must be able to perform the following:

- Assess, perceive, and understand the condition of assigned patients.
- See, hear, smell, touch, and detect subtle changes in colors.
- Communicate (verbally and in writing) with English-speaking patients and/or family members/significant others as well as members of the health care team, including nurses, physicians, support staff, and faculty.
- Read and understand documents written in English.
- Perform diagnostic and therapeutic functions necessary for the provision of general care and emergency treatment to the patient.
- Stand, sit, move, and tolerate the physical exertion necessary to meet the demands of providing safe clinical care.
- Solve problems involving measurement, calculation, reasoning, analysis, and synthesis.
- Perform nursing skills in the face of stressful conditions and exposure to infectious agents and blood-borne pathogens.

## Requesting Accommodations for the CPNE®

Excelsior College is committed to the principle that every individual should have an equal opportunity to enroll in an Excelsior College degree program, to register for courses or examinations in order to demonstrate their knowledge and skills under appropriate conditions, and to complete a degree. The College seeks to assure access by providing reasonable accommodations to individuals with physical, mental, or learning disabilities recognized under the Americans with Disabilities Act of 1990 (ADA) and the ADA Amendments Act of 2008 (ADAAA). Reasonable accommodation is

the provision of aids, or modification to testing, services, or a program of study, that allows access by individuals with disabilities.

The ADA defines a disability as “any mental or physical condition that substantially limits an individual's ability to perform one or more major life activities” as compared with the average person in the general population. Major life activities include, but are not limited to, walking, seeing, hearing, speaking, breathing, performing manual tasks, concentrating, caring for one's self, working, learning, and the operation of a major bodily function such as those of the immune system, respiratory system, etc.

The ADA requires an institution of higher education to provide reasonable accommodations to a qualified individual with a documented disability, provided that the accommodation does not create undue hardship. An undue hardship refers to any accommodation that would be unduly costly, substantially disruptive, or that would fundamentally alter the nature of the program. Both matriculated and non-matriculated students may request reasonable accommodations from Excelsior College.

Additionally, the College is required to abide by the provisions of Section 504 of the Rehabilitation Act of 1973 which protect otherwise qualified individuals from discrimination based on their disability. In order to be otherwise qualified, a student with a disability must be capable, either with or without accommodation, of fulfilling the essential requirements of the educational program.

Individuals requesting reasonable accommodations are required to self-disclose to the disability services coordinator and submit a request in writing or an accessible format appropriate for their limitation, which generates a durable record.

The request must be accompanied by official documentation of the disability from an appropriate licensed professional, which must address the current functional limitation(s), the prognosis, and recommendation(s) of appropriate accommodation. Once eligibility has been established, accommodations are requested on a course-by-course (or exam-by-exam) basis.

You can find information about disability services, examples of accommodation, and the accommodation request process on our website at [www.excelsior.edu/disability-services](http://www.excelsior.edu/disability-services).

### Canceling a Nursing Performance Exam

To cancel the CPNE® do so with thought and consideration as a cancellation fee is charged. Notify the Regional Performance Assessment Center (RPAC) where you are scheduled to take the examination as soon as you are aware of the need to cancel a confirmed examination date. You are also required to submit a written request for cancellation. Cancellation fees are charged according to the cancellation policy included with the confirmation materials.

Students who schedule and fail to appear for the Clinical Performance in Nursing Examination, at Excelsior College's designated testing center, will be considered a "no show." A grade of "F" will be awarded for each "no show" examination.

All grades of "F" earned due to a "no show" will apply toward the students overall and Excelsior College grade point averages, will apply toward credits attempted and credits earned, and will apply as an examination attempt.

### Physical Education Courses

College courses in physical education can be applied toward the associate in applied science in nursing degree if they have a classroom component with a theoretical base and are applicable to the degree. Academic advisors may request course descriptions to verify the theoretical content of a physical education course.

### Waiver of Excelsior College® Associate Degree in Nursing Theory Requirements

Under certain conditions, credits from previously completed degree-level nursing courses may be submitted for the purpose of requesting a waiver of an Excelsior College nursing theory requirement.

Any requirement approved for waiver will be designated as a "pass" or "P" grade. Any such college coursework submitted for faculty review must:

- be from a regionally accredited degree-granting institution of higher education.
- have been completed no more than five years prior to the date of enrollment<sup>①</sup> in an Excelsior College nursing program.
- cover content equivalent to that of the theory requirement for which the waiver is sought.
- carry a grade of B or better.
- be submitted for faculty review before the theory examination or online course in that content area is taken.

Credit earned from most military service, foreign nursing schools, and occupational specialties may not be used to waive the nursing theory requirement because their course content is not equivalent to that of Excelsior College® Examinations or online courses. If you have this type of background, you should discuss options with an academic advisor.

Due to the comprehensive content of each Excelsior College nursing theory requirement, most students need a cluster of previous courses, including study of the care of adults and children, to meet the criteria for waiver. You are encouraged to obtain Excelsior College nursing theory examination content guides and/or course syllabi, and to review the content for comparison to courses already completed before submitting materials for waiver. This step may help determine which examinations or online courses to take while waiting for the faculty to make a decision regarding a waiver request.

Nursing courses from licensed practical vocational nursing programs and hospital diploma programs both in the United States and abroad are not eligible for transfer credit since they do not carry college-level credits. However, the learning acquired in such coursework is an important and valued asset and may be converted into academic credit by passing the Excelsior College® Examinations in nursing.

<sup>①</sup> If you transfer to a different degree program, the five-year time limit is based on the academic policy date for your new program.

See the description of Essentials of Nursing Care: Health Differences for special considerations for waiver of that requirement by LPN/LVN graduates.

Should your enrollment lapse and you reenroll, you will lose any nursing credits earned more than five years prior to the new enrollment date. If you have waived any of the nursing theory requirements during a previous enrollment, you will not automatically receive waiver of those same requirements when reenrolling. Upon reenrollment, Excelsior College nursing faculty will review the courses again to determine applicability toward current degree requirements.

## Planning for Degree Completion

The average time from initial enrollment to program completion for part-time study is three years. You are encouraged to enroll in the College to receive the necessary academic advisement necessary for degree completion.

## Learning Resources for AS and AAS Nursing Students

The primary resource for each requirement is the examination content guide, course syllabus, review guide, or study guide, along with the required textbooks. These guides and textbooks are intended to help guide learning and preparation for each requirement. Each guide identifies required textbooks to be used in learning the content of the particular requirement, as well as supplemental resources. Other learning resources include journal articles, online chats hosted by nursing faculty via MyExcelsior Community, and seminars to help guide you through the various requirements.

In order to help you achieve your educational goals, the Excelsior College School of Nursing offers a variety of learning services to you as an enrolled student:

- Access to academic advisors to assist with program planning.
- Access to members of the nursing faculty via phone and the Message Center to advise you on preparing for the nursing theory and performance examinations.
- Individual 30-minute teleconference with faculty program directors for advisement related to examination preparation.
- Online chats and discussion groups to help you prepare for examinations.
- Video resources and workbooks to help you prepare for the nursing performance examinations.
- Workshops in various regions of the United States for the Clinical Performance in Nursing Examination.
- Online nursing conferences to help you prepare for the theory examinations and the CPNE®.
- Online practice exams for the theory examinations and several of the general education examinations.

If you have a question about a particular learning resource or want more information on the learning services available, including dates, fees, and locations offered, contact our LEARN team directly or visit our website.

### Nursing Theory Examination Online Conferences

These eight-week online conferences are designed to prepare you for the nursing theory examinations. The conferences will improve your understanding of the nursing theory content. Through textbook readings, learning activities, case studies, pre/post tests, and discussion boards, the sessions will provide you with an opportunity to learn each of the areas tested in the examination as well as connect you with other students and nursing faculty who will answer any questions posed.

### Nursing Theory Practice Examinations

If you are working toward an associate degree in nursing, you may take advantage of the Excelsior College practice examinations. Practice exams are

available for all of the associate degree in nursing theory examinations as well as some of the general education requirements.

These exams are comprised of “retired” exam questions from previous versions of the respective exams. Students can take two forms of practice exams online at home within a 120-day period. Valuable feedback is provided as students learn how they performed on each question and why each answer was right or wrong. Although these exams are not predictive of anticipated student performance, students can improve their knowledge of the relevant subject material and upgrade their skills.

### **CPNE® Learning Resources**

Students who are eligible for the CPNE® will receive the CPNE® Study Guide, and will have access to the CPNE® Portal. The Study Guide is the primary resource for exam preparation. The Portal provides a “one stop” web site for completing the CPNE® application, contacting nursing faculty members, finding testing tips, and registering for the various additional CPNE® learning resources that we offer. A sample of CPNE® learning resources follows; a complete list can be found via the CPNE® Portal.

### **Clinical Performance in Nursing Examination (CPNE®) 1-Day Skills Workshop**

This one-day workshop focuses on the skills the student performs during the CPNE. Students will have the opportunity to practice the four skills laboratories (Wound Management, Intravenous Medications: Mini Bag, Intravenous Medications: IV Push, and Injectable Medications: IM/SubQ), the Patient Care Scenario (PCS) overriding, required, and selected areas of care. The day will begin with an overview of the process, then a discussion on certain skills, practice...practice...practice, and a debriefing session followed by more practice.

Students who plan to attend this workshop should have read the Study Guide and be familiar with the

critical elements for all areas of care and the skills laboratories in order to gain the maximum benefit from the activities.

### **CPNE® Online Conferences**

#### **Applying the Nursing Process Conference**

This four-week online conference provides students with the opportunity to hone their skills in developing nursing care plans (planning, revised planning, and evaluation), completing the PCS Recording Form, and documenting critical elements for the areas of care.

The student will perform a variety of self-assessments to determine personal strengths and weaknesses, will then apply nursing knowledge through the use of case studies, and submit an assignment (during week 4) bringing together all the skills acquired during weeks 1–3. Students who plan to participate in this online conference should have read the Study Guide and be familiar with the critical elements for all areas of care, including planning, revised planning, and evaluation phase care plans, in order to gain the maximum benefit from the activities.

#### **CPNE® Skills Conference**

This conference will help you identify your strengths and weaknesses as they relate to specific CPNE management/assessment skills, including: asepsis, vital signs, abdominal assessment, neurological assessment, peripheral neurovascular assessment, respiratory assessment/management, medication administration (IM, SubQ, IV, IV push, and others), oxygen management, wound management/skin assessment, and musculoskeletal management. Our nursing faculty will answer your questions and provide the support you need to be successful with the skills included in this online conference.

## Additional CPNE® Learning Resources

### Preparation DVD and Interactive Workbook

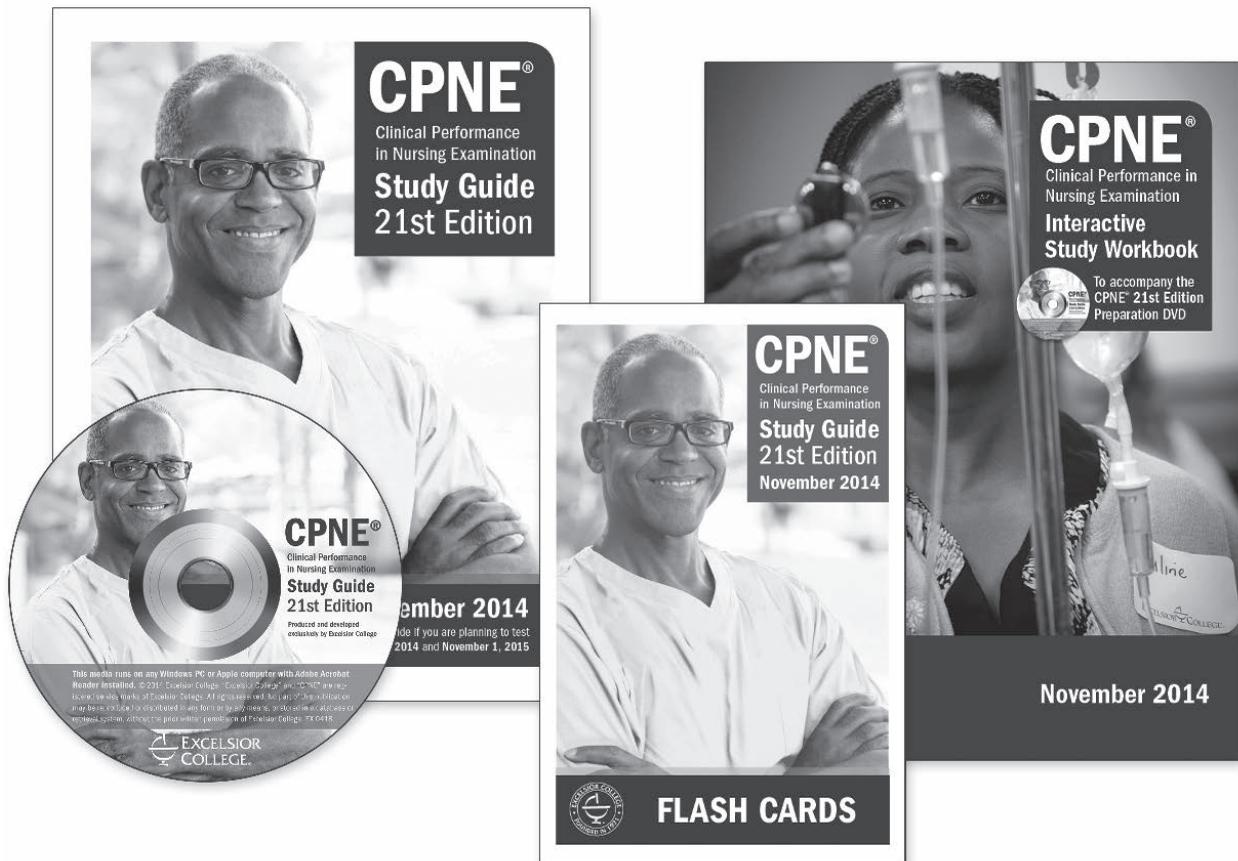
A visual supplement to the CPNE® Study Guide, this 90-minute orientation DVD presents selected aspects of orientation, laboratory skills, and adult and child care situations. The video is accompanied by an interactive workbook which offers study strategies on care planning and documentation, suggestions on preparing for the CPNE®, and written exercises using nursing diagnosis and critical thinking.

### CPNE® Skills Kit and Guided Learning Booklet

The CPNE® Skill Kit contains the supplies you need to practice skills for the exam. Optional items such as a double teaching stethoscope, mini injection pad, and simulation wound are available at extra cost.

### CPNE® Flash Cards or Audio CD Flash Cards

These flash cards present each area of care with the required critical elements and helpful strategies and sample documentation in a compact, easy-to-read or listen-to format. The 5 × 8" cards are small enough to be used for practice in the clinical area, but large enough for the addition of notes. Cards are hole-punched and come with a ring for easy assembly. The CD is designed to provide easy navigation (forward and reverse) from critical element to critical element.



Various CPNE® resources available to students.

# Bachelor's Degree Program in Nursing



## Bachelor of Science in Nursing

### Beliefs About the Practice of Bachelor's Degree Nursing

The faculty believes that bachelor's degree nursing practice requires an intellectual focus, the application of nursing theory, an extensive knowledge base, and the use of a scientific mode of inquiry. Nurses prepared at the bachelor's level use a distinct body of knowledge as well as intellectual and practice skills to provide culturally appropriate care to clients across the life span and at various points on the health-illness continuum. They are educated to deliver patient-centered care as a member of an interprofessional team emphasizing evidence-based practice, quality improvement approaches, and prevention. Nursing practice is built on nursing knowledge, theory, and research, and the nurse applies and adapts knowledge from other fields and professions as appropriate.

The program framework is based on the *National League for Nursing's Outcomes and Competencies for Graduates of Practical/Vocational, Diploma, Associate Degree, Baccalaureate, Master's, Practice Doctorate, and Research Doctorate Programs in Nursing* (NLN, 2010). This publication identifies curricular elements and expected outcomes and provides the educational framework for the preparation of professional nurses. Achievement of these outcomes enables graduates to practice in an ever-changing and complex health care environment. The document emphasizes content and concepts such as patient-centered care, nursing judgment, cultural sensitivity, professionalism, and spirit of inquiry. It also provides a solid base in liberal education so students can apply their learning to complex problems and challenges.

## Purpose of the Bachelor of Science in Nursing Program

The purpose of the nursing program is to build upon prior knowledge with new learning. Using both a teaching and outcomes assessment model, the program provides a flexible means for registered nurses to obtain their bachelor's degree. The program offers access to education for students of all backgrounds, including diverse and underserved populations. The curriculum serves as a foundation for graduate study and the pursuit of lifelong learning, which is essential for practice in the profession.

## Student Learning Program Outcomes

1. Promote holistic patient-centered care and population health supporting values, culture, right to self-fulfillment, and quality care outcomes.
2. Integrate evidence, nursing theory, and knowledge from other disciplines to guide nursing practice.
3. Formulate decisions based on nursing judgment and collaboration with the interprofessional team to achieve quality patient outcomes.
4. Incorporate professional core values, guidelines, standards of practice, and lifelong learning as a basis for professional nursing practice.
5. Apply principles of leadership to advocate for the unique role of the nursing profession within the health care system.
6. Engage in the spirit of inquiry to propose solutions that support nursing excellence.



### Your Personalized MyExcelsior Account:

[www.excelsior.edu/MyExcelsior](http://www.excelsior.edu/MyExcelsior)

### Admissions:

toll free 888-647-2388, ext. 27

### Fee Schedules, Financial Aid, and Scholarships:

[www.excelsior.edu/fees](http://www.excelsior.edu/fees)

[www.excelsior.edu/financialaid](http://www.excelsior.edu/financialaid)

[www.excelsior.edu/scholarships](http://www.excelsior.edu/scholarships)

### College Publications, Applications, and Forms:

[www.excelsior.edu/publications](http://www.excelsior.edu/publications)

### Student Policy Handbook:

[www.excelsior.edu/studentpolicyhandbook](http://www.excelsior.edu/studentpolicyhandbook)

### Course and Exam Information and Registration:

[www.excelsior.edu/courses](http://www.excelsior.edu/courses)

[www.excelsior.edu/exams](http://www.excelsior.edu/exams)

[www.UExcelTest.com](http://www.UExcelTest.com)

### Learning Resources:

[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Resources tab

### Excelsior College Community Resources:

[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Communities tab



# Bachelor of Science in Nursing for Registered Nurses

**BS**

**121** Total Degree  
Credits Required

GENERAL EDUCATION COMPONENT	Credit Hours	NURSING COMPONENT	Credit Hours
Information Literacy <sup>①④</sup>	1	30 semester hours of nursing credit granted for prior learning validated by nursing education and successful completion of the NCLEX-RN®. <b>All requirements below are online courses.</b>	<b>30</b>
English Composition (introductory level) <sup>②</sup>	3		
Expository Writing Core <sup>②③</sup>	3		
<b>TOTAL WRITTEN ENGLISH REQUIREMENT</b>	<b>6</b>	<b>PHASE I</b>	
Humanities	9	NUR 336 <b>The Profession of Nursing: Becoming Influential</b>	3
Ethics Core (upper level) <sup>④</sup>	3	NUR 338 <b>Introduction to Informatics for Nurses</b>	2
<b>TOTAL HUMANITIES</b>	<b>12</b>	NUR 342 <b>Holistic Health Care Across the Life Span</b>	4
Social Sciences/History	9	Nursing Elective (upper level) <sup>⑥</sup>	3
Psychology Core Requirement	3	NUR 340 <b>Caring for Our Nation's Heroes and Their Families</b>	
Sociology Core Requirement	3	<b>PHASE II</b>	
<b>TOTAL SOCIAL SCIENCES</b>	<b>15</b>	NUR 430 <b>Research in Nursing</b>	3
Human Anatomy and Physiology Core	4	NUR 446 <b>Teaching and Learning in a Diverse Society</b>	3
Microbiology Core	3	NUR 456 <b>Leadership and Management in Nursing</b> <sup>⑦</sup>	4
Sciences Supportive of Nursing Core	2	NUR 448 <b>Community Health Nursing: Caring for the Public's Health</b>	4
Statistics Core <sup>⑤</sup>	3	<b>PHASE III</b>	
Natural Sciences/Mathematics	3	NUR 462 <b>Nursing Capstone</b> <sup>⑧</sup>	4
<b>TOTAL NATURAL SCIENCES</b>	<b>15</b>	<b>TOTAL NURSING COMPONENT</b>	<b>60</b>
Arts & Sciences Electives	12		
<b>TOTAL GENERAL EDUCATION COMPONENT</b>	<b>61</b>		

① This requirement must be completed within the first 13 Excelsior College credits attempted.

② Both writing requirements are prerequisites to all nursing courses except **Introduction to Informatics for Nurses (NUR 338)**.

③ Must be at the intermediate or advanced level.

④ Upper-level ethics and information literacy are co-requisites for all Phase I nursing courses.

⑤ **Statistics** is a co-requisite for **Research in Nursing**.

⑥ **NUR 340** is one example for meeting the nursing elective requirement. These credits are **NOT** required for students who earned an associate degree in nursing at Excelsior College.

⑦ Successful completion of this course yields a nurse manager certificate from Sigma Theta Tau International, Honor Society of Nursing.

⑧ Students are eligible for this requirement when they have no more than 6 credits in general education still needed, and when all other nursing courses are complete. The nursing elective is the only nursing requirement that can be taken along with the capstone course.

# Bachelor of Science in Nursing Degree Requirements



The Bachelor of Science in nursing requires a total of **121** credits including **61** in general education and **60** in nursing.

You are subject to the degree requirements in effect at the time of your enrollment or program/degree transfer (program transfer refers to change from one school to another; degree transfer refers to changing degrees within the same school).

The faculty reserves the right to make changes in curricular requirements as necessary to reflect current professional practice. Changes may affect both enrolled and prospective students. It is your responsibility to keep informed of such changes. We make every effort to inform you of changes as they occur. Current information about degree requirements is posted on our website. Information about changes to degree requirements is also made available on our [website](#).

## General Education Component

### 61 credits

Because it contributes both knowledge and an intellectual approach to problem solving, the general education component is an essential part of preparation for professional nursing practice. The general education requirements ensure that the student will develop college-level competence in the arts and sciences areas of the humanities, social sciences/ history, and natural sciences/math.

General education credits may be earned through Excelsior College courses, UExcel® examinations, or transferred from accredited, degree-granting institutions or approved examination programs for which official transcripts are provided.

It is recommended that enrolled students seek formal course approval from their advisor prior to registering for courses or examinations. Enrolled students can log on to their customized [MyExcelsior](#) page, which provides options for meeting remaining requirements. Excelsior College academic advisors work with enrolled students to create study plans that best suit their learning styles, time frames, and budgets.

If you plan to enter a master's degree program, consider taking courses that support your area of interest. You should contact the graduate school that you wish to attend to request information about policies and requirements.

Please request course approvals well in advance of registration deadlines to avoid delays. To obtain course approval, contact an academic advisor via the Message Center or by phone and provide the name of the institution, the course title and catalog number, the academic department under which the course is offered, and the catalog content description. In some circumstances a course syllabus/outline may be requested.

General education courses taken within a nursing department or listed as “for nurses” are subject to classification review. Such courses often appear on transcripts as “Anatomy and Physiology for Nurses,” “Nursing Chemistry,” or “NURS: Pathophysiology.”

Requirements listed with an “x” in the prefix indicate examinations; requirements listed without an “x” in the prefix indicate courses.

## Requirements

### 1. Information Literacy

Students are expected to demonstrate competency in information literacy. The information literacy requirement must be completed within the first 13 Excelsior College credits attempted.

The Excelsior College **INL 102 Information Literacy** online course meets this requirement.

Register at [www.excelsior.edu/courses](http://www.excelsior.edu/courses).

### 2. Written English Requirement

Six credits are required in English composition, three of which must be taken in expository writing at the intermediate or upper level.

Course suggestion:  
**ENG 201 Writing for the Professions**

Please note that three credits in freshman-level English composition must be completed before students can receive approval for the intermediate or upper-level course above.

### 3. Humanities Requirements

The humanities requirements are designed to help you learn to read critically, reason well, think logically and critically, and express aesthetic appreciation. You are encouraged to study at least two disciplines in this area.

A minimum of 9 credits must be earned in subjects such as art (appreciation, history, or studio), literature, music, philosophy, religion, theater, speech, and foreign languages.

A minimum of 3 credits must be earned in a course in ethics at the upper level. The ethics core requirement must be a general course in ethics that covers foundational theories, concepts, and selected issues related to ethical choices. Courses in business, management, or religious studies cannot be applied to this requirement.

Course and examination suggestions: **PHL 312 Ethics of Health Care** or **PHLx310 Ethics Theory & Practice** or **HUMx310 Bioethics: Philosophical Issues**

### 4. Social Sciences/History Distribution and Core Requirements

The social sciences/history distribution is designed to provide you with a better understanding of people and society and the processes that individuals use to order their world. You are encouraged to consider a course on the family or family dynamics to meet this requirement. An understanding of economics and violence is extremely useful in current health care environments. Studies in Western and other cultures are encouraged.

At least 15 credits must be earned in subjects such as history, geography, gerontology, economics, anthropology, political science, organizational behavior, sociology, and psychology.

Within the social sciences/history distribution students are required to complete one course/exam in psychology and one course/exam in sociology. The following UExcel® exams meet the psychology core and sociology core requirements:

**PSYx210 Life Span Developmental Psychology**

**SOCx105 Introduction to Sociology**

### 5. Natural Science/Mathematics Distribution and Core Requirements

The natural sciences/mathematics distribution is designed to help you develop a scientific mode of reasoning and an understanding of theory development and evaluation.

At least 15 credits must be earned in such subjects as biology, mathematics, statistics, chemistry, genetics, pathophysiology, and physics.

Within the natural sciences/mathematics distribution, students are required to complete 8 credits of natural sciences supportive of nursing, including human anatomy and physiology and microbiology. Students who do not have a total of 8 credits in the core requirements of anatomy and physiology and/or microbiology will need an additional 2 credits of natural sciences supportive of nursing that may be in biology, chemistry, genetics, pathophysiology, or physics. Survey courses are not acceptable.

Students are also required to complete a course or exam in statistics. The statistics course must include both descriptive and inferential statistical measures. The statistics requirement is a prerequisite for the **Research in Nursing** course.

The following Excelsior College courses or UExcel® exam meet the statistics core requirement:

**MAT 215 Statistics for Health Care Professionals**

**MAT 201 Statistics**

**MATx210 Statistics**

#### 6. Arts and Sciences Electives

The remaining 12 arts and sciences credits may be distributed among the humanities, social sciences/history, and natural sciences/mathematics. Students are encouraged to study in a specific area or discipline that may be a personal or professional interest. Credits in free electives (applied/professional subject areas) are not applicable.

### Meeting Core Requirements

The following requirements must be completed with a grade of “C” or higher. Courses less than 2 semester credits will not apply to meet these core requirements.

- Ethics
- Human Anatomy
- Human Physiology
- Microbiology
- Psychology
- Sociology
- Statistics
- English Composition and Expository Writing

## Nursing Component

The nursing component focuses on knowledge and professional competencies expected of graduates of bachelor’s programs. Emphasis is placed on integration of nursing and related arts and sciences knowledge in a variety of complex situations related to nursing care of individuals, families, aggregates, and communities. Nursing component requirements are divided into three recommended phases. Please see the following pages for the recommended sequence in which to take these requirements. It is recommended that you complete Phase I requirements before Phase II requirements.

All requirements in Phases I and II, and all but 6 credits in general education must be complete before you will be eligible to register for the **Nursing Capstone** course.

## Phase I

### **NUR 336 The Profession of Nursing: Becoming Influential**

3 credits

*Prerequisites: All Written English requirements*

*Corequisites: Information Literacy and Ethics requirements*

This course explores the evolution of contemporary nursing through the development of reflective practice, professional standards, values and beliefs, ways of knowing and nursing knowledge, and inter-professional communication and collaboration. Emphasis is placed on the roles of the bachelor’s-prepared professional nurse, the processes guiding nursing practice, lifelong learning, and the influence nursing has in the changing health care environment and world. Through this course the student will develop a personalized toolbox with an array of skills necessary to become an influential professional nurse.

Delivery: Online course delivered over 8 weeks.

### **NUR 338 Introduction to Informatics for Nurses** 2 credits

*Prerequisites: None*

*Corequisites: All Written English, Information Literacy, and Ethics requirements*

This course provides knowledge about the roles and skills in information management and the application of technology to inform nursing practice. Emphasis is placed on technological supports for patient care interventions and the use of decision-support systems to gather evidence to guide practice. The use and understanding of standardized terminologies and the role of information technology in improving patient outcomes and creating a safe environment will be included.

Delivery: Online course delivered over 8 weeks.

### **NUR 342 Holistic Health Care Across the Life Span** 4 credits

*Prerequisites: Active RN license, all Written English requirements*

*Corequisites: Information Literacy and Ethics requirements*

This course focuses on applying concepts of health promotion, as well as illness, disease, and injury prevention to health assessment across the life span. The student integrates the core concepts (critical thinking, communication, research, role development, caring, and cultural competence) into a holistic approach while functioning in the professional nursing role. Health and physical assessment data are gathered, analyzed, and synthesized by the student to develop a personal health plan for a client that promotes health and prevents disease.

Delivery: Online course delivered over 15 weeks.

### **NUR 340 Caring for Our Nation's Heroes and Their Families** 3 credits

*Prerequisites: all Written English requirements*

*Corequisites: Information Literacy and Ethics requirements*

Three credits of nursing elective credit at the bachelor's level are necessary to meet the 60 credits

of the nursing component. **The course listed above is the preferred option for meeting the Nursing Elective requirement.** Consultation with your academic advisor is required before taking a course or examination for nursing elective credit in order to be sure that you are choosing an option that is applicable toward your degree. A list of professional nursing certifications that may be used to fulfill the nursing elective requirement is on **34**, and on our **website**.

Nursing Elective credits are **not** required for students who earned an associate degree in nursing at Excelsior College.

## **Phase II**

### **NUR 430 Research in Nursing** 3 credits

*Prerequisites: Active RN license, all Written English, Information Literacy, Ethics, and Statistics requirements*

This course focuses on knowledge and skill acquisition related to research process. Evidence-based practice, critical thinking, critical reading, and the baccalaureate nurse's role in the application of research to practice are emphasized. Course content examines the foundations of research, the research process, quantitative and qualitative research designs, as well as evaluation of a quantitative research study.

Delivery: Online course delivered over 8 weeks.

### **NUR 446 Teaching and Learning in a Diverse Society** 3 credits

*Prerequisites: Active RN license, all Written English, Information Literacy, and Ethics requirements*

This course focuses on the role of the nurse as educator and the ability to teach a group of adult clients with a shared learning need. Theory and research-based evidence from nursing and other disciplines are integrated with concepts of caring and cultural competence, health promotion, behavioral change, and principles of teaching and learning. Application of the education process is

emphasized. In partnership with clients, the student develops, implements, and evaluates a teaching plan designed to produce a desired change in behavior.

Delivery: Online course delivered over 8 weeks.

### **NUR 456 Leadership and Management in Nursing** 4 credits

*Prerequisites: Active RN license, all Written English, Information Literacy, and Ethics requirements*

The Leadership and Management in Nursing course focuses on the application of leadership and management concepts and theories; inter-professional communication and collaboration; and evidence-based strategies and inquiry within health care organizations. Team building, quality improvement, patient and staff safety, and fiscal management are addressed within the role of baccalaureate-prepared nurse leader and manager across a variety of health care settings. Sigma Theta Tau International's Nurse Manager Certificate Program is integrated into NUR 456. Students who are successful in NUR 456 will receive a Certificate of Completion of Sigma Theta Tau International's Nurse Manager Program.



Sigma Theta Tau International  
Honor Society of Nursing®

Delivery: Online course delivered over 15 weeks.

### **NUR 448 Community Health Nursing: Caring for the Public's Health** 4 credits

*Prerequisites: Active RN license, all Written English, Information Literacy, and Ethics requirements*

This course focuses on the concepts, models, and theories of community health nursing. The diverse roles of the baccalaureate nurse within the community are emphasized. Health promotion and disease prevention strategies are explored. Current trends and issues that influence community health nursing are evaluated. The concept of client is expanded to include family, aggregate, and community.

Delivery: Online course delivered over 15 weeks.

## Phase III

### **NUR 462 Nursing Capstone** 4 credits

*Prerequisites: Students are eligible for this requirement when they have no more than 6 credits in general education still needed, and when all other nursing courses are complete. The nursing elective is the only nursing requirement that can be taken along with the capstone course.*

This capstone course focuses on integration and synthesis of knowledge, skills, and competencies from nursing, other disciplines, and the arts and sciences. Application of specific concepts and theories, such as communication, critical thinking and leadership, enables students to transform theory to practice within health care systems.

Delivery: Online course delivered over 15 weeks.

### **Certifications Approved for Elective Credit**

The following are examples of nursing certifications that may be acceptable for nursing elective credits. **Please check our website for the current list of certifications approved for elective credit.**

- **AACN Certification Corporation (CCRN)**

Certification for  
Adult Critical Care Nurses **4 credits**

Certification for  
Neonatal Critical Care Nurse **4 credits**

Certification for  
Pediatric Critical Care Nurses **4 credits**

**Two additional nursing elective credits** will be awarded to students for each additional CCRN certification (adult, pediatric, neonatal). That is, the student will be awarded **4 credits** for the first certification and **2 credits** for each subsequent certification.

Certification for  
Progressive Care Nurses (PCCN) **3 credits**

- **American Board of Perianesthesia Nursing Certification Inc. (ABPANC)**

Certified  
Post-Anesthesia Nurse (CPAN) **3 credits**

Certified Ambulatory  
Perianesthesia Nurse (CAPA) **4 credits**

**Five** nursing elective credits will be awarded to students holding both CPAN and CAPA.

- **American Nurses Credentialing Center**  
Certified Gerontological (ADN) Nurse **3 credits**  
Psychiatric and  
Mental Health Generalist **3 credits**
- **Board of Certification for Emergency Nurses**  
Certified Emergency Nurse (CEN) **3 credits**
- **Competency and Credentialing Institute**  
Certified Perioperative Nurse (CNOR) **3 credits**
- **Medical-Surgical Nursing Certification Board**  
Certified Medical-Surgical  
Registered Nurse (CMSN) **4 credits**
- **National Board for Certification of Hospice  
and Palliative Nurses**  
Certified Hospice and  
Palliative Nurse (CHPN) **3 credits**
- **Pediatric Nursing Certification Board**  
Certification in Pediatric Nursing (CPN) **3 credits**
- **Wound, Ostomy, and Continence Nurse Certification Board**  
Certified Wound Care Nurse (CWCN) **3 credits**  
Certified Ostomy Care Nurse (COCN) **3 credits**  
Certified Continence  
Care Nurse (CCCN) **3 credits**

## Policies Specific to the Bachelor of Science in Nursing

The Excelsior College *Student Policy Handbook* is your resource for understanding the academic and administrative policies that are important to your academic success. It includes a wide range of information from important federal policies, including your right to privacy, to grading policies and policies and procedures concerning refunds, withdrawals, and other administrative issues. It is your responsibility to be familiar with these policies.

Policies and procedures that apply specifically to the bachelor's degree in nursing are listed on the following pages. File your Handbook with your other important academic papers and this program catalog for easy reference.

## Admission

### Registered Nurses

Excelsior College offers a bachelor's in nursing degree program for registered nurses. The program is designed for registered nurses who have successfully completed the NCLEX-RN®, have had their learning validated by prior education, and have a current license to practice as a registered nurse in the United States.

### International Student Admission Requirements

For the bachelor's program, in addition to official transcripts, nursing candidates must demonstrate that they have an equivalent U.S. Registered Nurse (RN) licensure. To be eligible for admission, the applicant must be a graduate from an approved school of nursing in their country of education and hold a current, unencumbered nursing license (if licensed in multiple jurisdictions and/or countries, all licenses must be unencumbered). All nursing school transcripts and all licenses will be validated by primary source verification. International candidates must apply to the Commission on Graduate of Foreign Nursing Schools (CGFNS) New York Credential Verification Service (NYCVS) and the New York State Education Department (NYSED) to have their foreign nursing education evaluated and approved by the aforementioned organizations.

Detailed application information and instructions can be found in the application for admission. Submit email questions concerning international student admission requirements to [international@excelsior.edu](mailto:international@excelsior.edu).

### English Language Proficiency Requirement

International candidates from non-English speaking countries must show evidence of sufficient English language proficiency through one of the following options:

1. Submission of TOEFL (Test of English as a Foreign Language) or IELTS (International English Language Testing System) taken within the last two years.
2. Successful completion of UExcel® ENGx111 English Composition exam or UExcel® ENGx110 College Writing exam.
3. Submission of evidence of the successful completion of at least 9 credit hours of academic work in courses delivered in English at an institution of higher education in the United States.

### Time Limit

The Bachelor of Science in nursing program is designed to be completed at your own pace, but must be completed within a **seven-year period** of enrollment. This time limit on enrollment is cumulative if enrollment is not continuous. **Those who do not complete the program within this time frame may be subject to dismissal. If a student withdraws from the School of Nursing and re-enrolls at a later date, a five-year age limit on nursing theory credits will be in effect.**

### General Education Component

With the exception of the information literacy requirement, there is no time limit on general education examinations or courses submitted for transfer credit. Credits earned at accredited degree-granting institutions or through approved examination programs, and for which official transcripts are available, will be considered for transfer regardless of when they were completed.

### Mathematics Policy

No more than three courses in the semester-hour system (four courses in the quarter-hour system) of college-level mathematics below the level of calculus can be applied toward degree requirements. Credit from courses listed as developmental or remedial cannot be applied toward degree requirements.



### Minimum Academic Average

Grades of D are not acceptable in transfer. Grades of D and F awarded in any Excelsior College course or examination are included on the official transcript and the My Academic Plan. These grades will be calculated in the GPA. A cumulative average of C (2.0) or better is required to graduate. Although grades of D may be acceptable in the general education component (except where otherwise specified), students must earn the necessary grades to achieve a C average.

### Policy on Repeating Nursing Online Courses

Students may take each nursing course a maximum of three times. Failure on the third attempt will lead to dismissal from the nursing program.

Repeating any Excelsior College requirement will require students to pay the tuition and/or fees that are associated with that requirement.

## Waiver of Excelsior College® Nursing Bachelor's Theory Courses

Under certain conditions, credits from previously completed bachelor's-level nursing courses may be submitted for the purpose of transfer or to request a waiver of an Excelsior College nursing theory course. Any requirement approved for waiver will be designated as a "pass" or "P" grade. Nursing courses from hospital diploma programs both in the United States and abroad are not eligible for transfer credit. Bachelor's course work credit submitted for faculty review for waiver must:

- be from a regionally accredited degree-granting institution of higher education.
- have been completed no more than five years prior to the date of enrollment in the Excelsior College bachelor's nursing program.
- cover content equivalent to that of the course for which the waiver is sought.
- carry a grade of C or better.
- be submitted for faculty review before the theory course in that content area is taken.

Should your enrollment lapse and you reenroll, you will lose any nursing credits earned more than five years prior to enrollment. If you have waived any of the nursing theory requirements during a previous enrollment, you will not automatically receive waiver of those same requirements when reenrolling. Upon reenrollment, Excelsior College nursing faculty will review the courses again to determine applicability toward current degree requirements. Any requirement approved for waiver will be designated as a "pass" or "P" grade.

You may **not** request a waiver of a specific course requirement if you have already failed the comparable Excelsior College course. Students must complete the Nursing Capstone requirement through Excelsior College.

## Learning Resources for Bachelor's Degree in Nursing Students

Learning resources for matriculated students can be found via the Resources tab on the **MyExcelsior account**.

To help students achieve their educational goals, the School of Nursing offers a variety of guided learning opportunities to enrolled students.

As an enrolled nursing student, you will have access to:

- academic advisors to assist you with program planning,
- members of the nursing faculty to answer questions about courses.

**Your Personalized MyExcelsior Account:**  
[www.excelsior.edu/MyExcelsior](http://www.excelsior.edu/MyExcelsior)

**Admissions:**  
toll free 888-647-2388, ext. 27

**Fee Schedules, Financial Aid, and Scholarships:**  
[www.excelsior.edu/fees](http://www.excelsior.edu/fees)  
[www.excelsior.edu/financialaid](http://www.excelsior.edu/financialaid)  
[www.excelsior.edu/scholarships](http://www.excelsior.edu/scholarships)

**College Publications, Applications, and Forms:**  
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[www.excelsior.edu/exams](http://www.excelsior.edu/exams)  
[www.UExcelTest.com](http://www.UExcelTest.com)

**Learning Resources:**  
[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Resources tab



## Beliefs About Master's Degree Nursing Practice

The faculty believes that master's-prepared nurses in the specialties of clinical systems management, nursing education, and nursing informatics use knowledge from nursing and other professions to influence health policy, research, and professional practice in a variety of academic and service settings. They become leaders in creating collaborative environments that advance and promote professional practice and in implementing safe, quality care in a variety of settings and roles that influences health care outcomes for individuals, populations, or systems.

The program framework is based on the curricular elements and expected outcomes identified by the National League for Nursing in its *Outcomes and Competencies for Graduates of Practical/Vocational, Diploma, Associate Degree, Baccalaureate, Master's, Practice Doctorate, and Research Doctorate Programs in Nursing* (NLN, 2010). The program builds upon and extends students' existing knowledge and competencies gained from professional experiences and prior coursework. It emphasizes, as stated in the NLN's *Outcomes and Competencies* document, that **"Master's-prepared nurses are expected to serve as leaders, members of interprofessional teams, and scholars who advance the profession, particularly in their chosen areas of specialization"** (NLN, 2010, p. 40). A foundation of core courses prepares students with a theoretical base and process prior to study in their selected specialty area. Content and concepts such as leadership and organizational skills, quality improvement, patient safety, health policy, global perspectives, communication, advocacy, interprofessional practice, and innovative technologies expand students' knowledge base and enrich their skills.

## Purpose of the Graduate Program in Nursing

The purpose of the master's in nursing program is to prepare registered nurses for successful careers in a variety of academic and service settings as leaders and administrators in health care systems, nurse educators, and nurse informaticists. The program educates students for advanced practice roles by creating an academic environment that fosters scholarship, critical thinking, and creativity. Using an instructional model through online courses and assessments and a rigorous, challenging curriculum, the program provides a flexible means for registered nurses, including those from diverse and underserved populations, to obtain a master's degree. The program emphasizes pursuit of lifelong learning and professional development and serves as a strong foundation for doctoral study.

## Student Learning Program Outcomes

1. Function as a leader and change agent to promote holistic patient-centered care and population health.
2. Translate evidence to develop health care practices in a culturally and ethnically diverse global society.
3. Synthesize theoretical and empirical knowledge from nursing and other disciplines that are essential for nursing judgment and practice.
4. Integrate specialty practice knowledge to enhance interprofessional collaboration, inform decisions, and improve health outcomes.
5. Exemplify professional values and standards, best practices, and the commitment to lifelong learning in the role of the master's-prepared nurse.
6. Implement the role of master's-prepared nurse as part of the interprofessional team.
7. Integrate scholarship, a spirit of inquiry, and innovation to support nursing excellence.

## Specialization in Nursing Leadership and Administration of Health Care Systems

The Master of Science in nursing with a specialization in Leadership and Administration of Health Care Systems consists of 37 required credits. The curriculum is organized into three components: the graduate nursing core courses, the health care informatics courses, the clinical systems management courses, and the Capstone Experience. Students are introduced to the master's curriculum by taking courses within the nursing core and/or informatics component. The nursing core and informatics courses can be taken concurrently or interchangeably.

The graduate nursing core contains content that is foundational to the development of specialty knowledge. Courses within the core cover content areas such as health care economics, role of theory in practice, policy development and implementation, research process, and human diversity. The graduate nursing core consists of five courses: **Theoretical Foundations of Nursing Practice; Professional Role Development; Research and Evidence-Based Practice; Health Care Delivery Systems: Political, Social, and Economic Influences; and Community Nursing: Human Diversity and Public Health.** The health care informatics component focuses on content that is supportive of the role of the nurse leader or administrator, such as information management systems for health care and the ethical, political, social, and legal implications of information systems management in the health care arena. The informatics component consists of two courses: **Management Information for Decision Support and Issues in Health Care Informatics.** Students successfully complete all the nursing core and informatics courses prior to beginning the specialization courses.

The Nursing Leadership and Administration of Health Care Systems component of the curriculum focuses specifically on the knowledge and skills required to implement a leadership role in clinical systems. Content covering areas such as

finance, workforce management, leadership role, organizational culture and change, and strategic initiatives are included in the three courses that make up the clinical systems management component. This component consists of the following courses: **Management of Clinical Systems**, **Management of Fiscal and Operational Systems**, and **Leadership of the Organizational System**.

The 5-credit **Capstone Experience** begins after the successful completion of Phases I and II. The Capstone Experience has three components: an administrative project, an online seminar, and a virtual leadership retreat. This experience focuses on knowledge synthesis and role development. At the completion of this curriculum, students are prepared to function in the role of leader or manager across organizational systems.

## Specialization in Nursing Education

The Master of Science in nursing with a specialization in Nursing Education consists of 38 required credits. The curriculum is organized into three components: the graduate nursing core courses, the specialty courses, and the Nursing Education Capstone. Students also must complete one 3-credit graduate elective in an area of interest that complements their area of specialization and is pre-approved by the faculty.

The nursing core contains content that is foundational to the development of specialty knowledge. Courses within the core cover content areas such as health care economics, role of theory in practice, policy development and implementation, research process, and human diversity. The nursing core consists of five courses: **Theoretical Foundations of Nursing Practice**; **Professional Role Development**; **Research and Evidence-Based Practice**; **Health Care Delivery Systems: Political, Social, and Economic Influences**; and **Community Nursing: Human Diversity and Public Health**.

The Nursing Education specialty component of the curriculum focuses on the knowledge and skills required to implement the role of nurse educator in an academic or service setting. Content covering learning theories, teaching strategies, curriculum

development, evaluation of learning outcomes, and utilization of technologies to support teaching are included in the four courses that make up the Nursing Education specialty component. This component consists of the following courses: **Designing a Student Learning Environment**; **Curriculum and Program Planning**; **Evaluation and Assessment in Nursing Education**; and **Theories and Methods of Teaching with Technologies**.

The 5-credit **Nursing Education Capstone** begins after the successful completion of Phases I and II. The Nursing Education Capstone has three components: an educational project, an online seminar, and a virtual retreat. This experience focuses on knowledge synthesis and role development. At the completion of this curriculum, students are prepared to function in the role of nurse educator in a variety of educational settings.

## Specialization in Nursing Informatics

The Master in Science in nursing with a specialization in Nursing Informatics consists of 36 required credits. The curriculum is organized into three components: the graduate nursing core courses, the specialty courses, and the Nursing Informatics Capstone. Students must also complete one 3-credit graduate elective related to the area of specialization. The nursing core contains content that is foundational to the development of specialty knowledge. Courses within the core cover content areas such as health care economics, role of theory in practice, policy development and implementation, research process, and human diversity. The nursing core consists of five courses: **Theoretical Foundations of Nursing Practice**; **Professional Role Development**; **Research and Evidence-Based Practice**; **Health Care Delivery Systems: Political, Social, and Economic Influences**; and **Community Nursing: Human Diversity and Public Health**.

The nursing informatics specialty component of the curriculum focuses on the knowledge and skills required to implement the role of nurse informaticist in a variety of health care settings. Content covering how data and information can be used to create knowledge, concepts of database management in responding to a health care problem, assessment of information requirements of a system as it relates

to client care and organizational operations, and selection and application of a decision-making model are included in the three courses that make up the nursing informatics specialty component. This component consists of the following courses: **Data, Information, and Knowledge; System Life Cycle;** and **Management Information for Decision Support.**

The 5-credit **Nursing Informatics Capstone** begins after the successful completion of Phases I and II. This course has three components: an informatics project management experience, an online seminar, and a virtual leadership retreat. It is designed to provide students with the opportunity to apply knowledge and competencies required throughout the program of study to actual and simulated information technology situations in health care. At the completion of the curriculum, students are prepared to function in the role of nurse informaticist in a variety of health care settings.

## Policies Specific to the Master of Science in Nursing

The *Excelsior College Student Policy Handbook* is your resource for understanding the academic and administrative policies that are important to your academic success. It includes a wide range of information from important federal policies, including your right to privacy, to grading policies and policies and procedures concerning refunds, withdrawals, and other administrative issues. It is your responsibility to be familiar with these policies.

**Policies and procedures that apply specifically to the master's program in nursing are listed on the following pages.** File your *Handbook* with your other important academic papers and this program catalog for easy reference.

### Admission

Admission to the Master of Science in nursing program is open to anyone who has earned a bachelor's degree from a regionally accredited institution and who is licensed to practice as a registered nurse.

### International Student Admission Requirements

For the master's program, in addition to official transcripts, nursing candidates must demonstrate that they have an equivalent U.S. Registered Nurse (RN) licensure. To be eligible for admission, the applicant must be a graduate from an approved school of nursing in their country of education and hold a current, unencumbered nursing license (if licensed in multiple jurisdictions and/or countries, all licenses must be unencumbered). All nursing school transcripts and all licenses will be validated by primary source verification.

Detailed application information and instructions can be found in our application for admission.

### English Language Proficiency Requirement

International candidates from non-English speaking countries must show evidence of sufficient English language proficiency through one of the following options:

1. Submission of TOEFL (Test of English as a Foreign Language) or IELTS (International English Language Testing System) taken within the last two years.
2. Successful completion of UExcel® ENGx111 English Composition exam or UExcel® ENGx110 College Writing exam.
3. Submission of evidence of the successful completion of at least 9 credit hours of academic work in courses delivered in English at an institution of higher education in the United States.

### Time Limit

The Master of Science in nursing program is designed to be completed at your own pace, however a minimum of two courses or 6 credits per enrollment year is required. Students enrolled in the MS in nursing program are required to complete all degree requirements within a **seven-year period** of enrollment. This time limit on enrollment is cumulative if enrollment is not continuous. **Those**

who do not complete the program within this time may be subject to dismissal. If a student withdraws from the School of Nursing and re-enrolls at a later date, a five-year age limit on nursing credits will be in effect.

### Course Waiver

Up to 16 graduate-level credits from an accredited college or university may be applied toward course waivers in the MS in nursing program. Grades received in previous courses submitted for waiver consideration must be B or better, and coursework must not be more than five years old at the time of the student's application to the program. The Capstone Experience may not be waived. The Graduate Waiver Committee will compare content from the course the student has taken at another college to the Excelsior College course. There must be agreement with all major content areas for a waiver to be granted. In some cases, more than one prior course will be used to waive one of the MS courses. Official transcripts from the graduate school the student attended should be sent to the Excelsior College Office of Registration and Records. Students should send additional supportive descriptive materials such as syllabi or course outlines that address the content of the course the student completed.

Credit granted by an institution with candidacy status from one of the regional accrediting agencies is also applicable. Excelsior College refers to the *Accredited Institutions of Postsecondary Education* manual published for the Council for Higher Education Accreditation (CHEA) to verify the accreditation status of all postsecondary institutions.

Credit reported on a pass/fail or standard score system will not be accepted into the graduate program without written verification from the issuing institution that the course was passed with the equivalent of a B grade or better. Any course accepted for waiver will not be calculated into the GPA.

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Master of Science in Nursing with a  
**Specialization in Nursing Leadership and  
 Administration of Health Care Systems**

**MS**  
**37** Total Degree  
 Credits Required

**PHASE I**

	<b>Credit Hours</b>
<b>GRADUATE NURSING CORE</b>	
NUR 502 <b>Theoretical Foundations of Nursing Practice</b>	<b>3</b>
NUR 514 <b>Professional Role Development</b>	<b>3</b>
NUR 513 <b>Research and Evidence-Based Practice</b>	<b>4</b>
NUR 531 <b>Health Care Delivery Systems Political, Social, and Economic Influences</b>	<b>4</b>
NUR 541 <b>Community Nursing: Human Diversity and Public Health</b>	<b>4</b>
<b>TOTAL GRADUATE NURSING CORE</b>	<b>18</b>
<b>HEALTH CARE INFORMATICS COMPONENT</b>	
NUR 553 <b>Issues in Health Care Informatics</b>	<b>2</b>
NUR 680 <b>Management Information for Decision Support</b>	<b>3</b>
<b>TOTAL HEALTH CARE INFORMATICS COMPONENT</b>	<b>5</b>
<b>TOTAL PHASE I</b>	<b>23</b>

**PHASE II**

	<b>Credit Hours</b>
<b>NURSING LEADERSHIP AND ADMINISTRATION OF HEALTH CARE SYSTEMS COMPONENT</b>	
NUR 615 <b>Management of Clinical Systems</b>	<b>3</b>
NUR 625 <b>Management of Fiscal and Operational Systems</b>	<b>3</b>
NUR 635 <b>Leadership in Organizational Systems</b>	<b>3</b>
<b>TOTAL NURSING LEADERSHIP AND ADMINISTRATION OF HEALTH CARE SYSTEMS COMPONENT</b>	<b>9</b>
<b>PHASE III</b>	
NUR 644 <b>Capstone Experience</b>	<b>5</b>
<b>TOTAL PHASE II AND III</b>	<b>14</b>

# Requirements for the Specialization in Nursing Leadership and Administration of Health Care Systems

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## Phase I

Graduate Nursing Core: **18 credits**

### **NUR 502 Theoretical Foundations of Nursing Practice** 3 credits

*Prerequisites: None*

Theoretical Foundations of Nursing Practice focuses on the exploration of nursing knowledge development to include philosophy, theories, models, and concepts that have been designed to guide client care and research initiatives and to inform nursing practice. It provides approaches to analyze and critique a variety of theories in nursing and related fields.

**Delivery:** 8-week online course

### **NUR 513 Research and Evidence-Based Practice** 4 credits

*Prerequisites: Undergraduate research and statistics are highly recommended*

*Statistics is a corequisite for students enrolled in the RN to MS program*

Research and Evidenced-Based Practice focuses on the research process and the analysis and evaluation of research to integrate the best evidence into practice. Emphasis is on the identification of generic and discipline-specific health care issues, synthesis of evidence, and translation of research to support and inform practice innovations.

**Delivery:** 8-week online course

### **NUR 514 Professional Role Development** 3 credits

*Prerequisites: None*

Professional Role Development examines the theoretical foundations of professional role development for the master's-prepared nurse. The course explores current factors, strategies, and inter-professional trends to analyze selected nursing roles and develop strategies for implementation. It highlights competencies and skills of the master's-prepared nurse in an environmental context through development of a professional portfolio.

**Delivery:** 8-week online course

### **NUR 531 Health Care Delivery Systems: Political, Social, and Economic Influences** 4 credits

*Prerequisites: None*

Health Care Delivery Systems: Political, Social, and Economic Influences fosters understanding of the impact of health care policy, organizational design, and health care finance on the delivery of health care services. It reviews basic economic theory, historical and social trends, and events pivotal in the development of health care delivery as it relates to the master's-prepared nurse.

**Delivery:** 8-week online course

### **NUR 541 Community Nursing: Human Diversity and Public Health** 4 credits

*Prerequisites: None*

Community Nursing: Human Diversity and Public Health focuses on identifying and responding to health-related concerns of diverse populations. The course explores the social, epidemiological, environmental, economic, cultural, and political influences on various communities' and populations' responses to health care and related challenges. It emphasizes building awareness and understanding of nursing's involvement in the ecology of health and designs strategies to promote health within the community, reduce health disparities, and prevent illness, disease, and injuries.

**Delivery:** 15-week online course

## Health Care Informatics Component: **5 credits**

### **NUR 553 Issues in Health Care Informatics** 2 Credits

*Prerequisites: All graduate nursing core courses*

Issues in Health Care Informatics encourages students to engage in a dialogue among themselves and with experts in the field of health care and health care informatics in order to understand current issues. Using a single broad case study, students view the issues engendered by the case through the different lenses of ethics, politics, society, and the law.

**Delivery:** 8-week online course

### **NUR 680 Management Information for Decision Support** 3 credits

*Prerequisites: All graduate nursing core courses*

This course focuses on the identification, acquisition, analysis, interpretation, and application of data, databases, and decision-making strategies for health care. It emphasizes decision-support systems concepts, as well as methodologies and technologies, and includes content on model management, knowledge management, and strategies to consider when selecting decision-support systems.

**Delivery:** 8-week online course

## Phase II

### Nursing Leadership and Administration of Health Care Systems Component: **9 credits**

The leadership and administration component consists of three online courses totaling 9 credits. The courses that make up this component require synthesis of knowledge and application from the nursing core courses and the informatics courses. Therefore students should complete all of the Phase I courses before beginning the leadership and administration (Phase II) courses.

### **NUR 615 Management of Clinical Systems** 3 Credits

*Prerequisites: All Phase I courses*

Management of Clinical Systems focuses on the application of management principles, processes, techniques, and tools to shape a supportive environment of care and promote continuous improvement in clinical care systems.

**Delivery:** 8-week online course

### **NUR 625 Management of Fiscal and Operational Systems** 3 Credits

*Prerequisites: All Phase I courses*

Management of Fiscal and Operational Systems focuses on the application of management principles to design cost-effective clinical systems and achieve optimal resource use across the health care enterprise.

**Delivery:** 15-week online course

### **NUR 635 Leadership in Organizational Systems** 3 Credits

*Prerequisites: All Phase I courses*

Leadership in Organizational Systems focuses on critical examination of leadership styles, strategies, and competencies of the nurse executive in order to successfully manage the health care enterprise. It emphasizes leadership skills for strategic planning, enhancing team performance and interdisciplinary collaboration, and creating a culture of quality performance.

**Delivery:** 15-week online course

## Phase III

Capstone Experience: **5 credits**

NUR 644 **Capstone Experience** 5 credits

*Prerequisites: All Phase I and Phase II courses*

The Capstone Experience is a 5-credit requirement consisting of three integrated components: administrative project, online seminar (15-week course), and virtual leadership retreat. This culminating experience of the graduate nursing program is designed to provide students with an opportunity to apply knowledge and skills acquired throughout the program of study to actual and simulated leadership situations. Performance assessment of the students' attainment of program competencies is built into the three components.

This requirement **must** be completed through Excelsior College.

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## Master of Science in Nursing with a Specialization in Nursing Education

**MS**  
**38** Total Degree  
Credits Required

PHASE I		PHASE II	
GRADUATE NURSING CORE	<b>Credit Hours</b>	NURSING EDUCATION COMPONENT	<b>Credit Hours</b>
NUR 502 <b>Theoretical Foundations of Nursing Practice</b>	<b>3</b>	NUR 650 <b>Designing a Student Learning Environment</b>	<b>3</b>
NUR 514 <b>Professional Role Development</b>	<b>3</b>	NUR 655 <b>Curriculum and Program Planning</b>	<b>3</b>
NUR 513 <b>Research and Evidence-Based Practice</b>	<b>4</b>	NUR 660 <b>Evaluation and Assessment in Nursing Education</b>	<b>3</b>
NUR 531 <b>Health Care Delivery Systems: Political, Social, and Economic Influences</b>	<b>4</b>	NUR 665 <b>Theories and Methods of Teaching with Technologies</b>	<b>3</b>
NUR 541 <b>Community Nursing: Human Diversity and Public Health</b>	<b>4</b>	<b>TOTAL NURSING EDUCATION COMPONENT</b>	<b>12</b>
<b>TOTAL GRADUATE NURSING CORE</b>	<b>18</b>	<b>PHASE III</b>	<b>Credit Hours</b>
Graduate Elective	<b>3</b>	NUR 670 <b>Nursing Education Capstone</b>	<b>5</b>
<b>TOTAL PHASE I</b>	<b>21</b>	<b>TOTAL PHASE II AND III</b>	<b>17</b>

## Requirements for the Specialization in Nursing Education

### PHASE I

Graduate Nursing Core: **19 credits**

#### **NUR 502 Theoretical Foundations of Nursing Practice** 3 credits

*Prerequisites: None*

Theoretical Foundations of Nursing Practice focuses on the exploration of nursing knowledge development to include philosophy, theories, models, and concepts that have been designed to guide nursing practice. It provides approaches to analyze and critique a variety of theories in nursing and related fields.

**Delivery:** 8-week online course

#### **NUR 513 Research and Evidence-Based Practice** 4 credits

*Prerequisites: Undergraduate research and statistics are highly recommended.*

*Statistics is a prerequisite for students enrolled in the RN to MS program.*

Research and Evidenced-Based Practice focuses on the research process and the analysis and evaluation of research to integrate the best evidence into practice. Emphasis is on the identification of generic and discipline-specific health care issues, synthesis of client care and research initiatives to inform evidence, and translation of research to support and inform practice innovations.

**Delivery:** 8-week online course

#### **NUR 514 Professional Role Development** 3 credits

*Prerequisites: None*

Professional Role Development examines the theoretical foundations of professional role development for the master's-prepared nurse. The course explores current factors, strategies, and inter-professional trends to analyze selected nursing roles and develop strategies for implementation. It highlights competencies and skills of the master's-prepared nurse in an environmental context through development of a professional portfolio.

**Delivery:** 8-week online course

#### **NUR 531 Health Care Delivery Systems: Political, Social, and Economic Influences** 4 credits

*Prerequisites: None*

Health Care Delivery Systems: Political, Social, and Economic Influences fosters understanding of the impact of health care policy, organizational design, and health care finance on the delivery of health care services. It reviews basic economic theory, historical and social trends, and events pivotal in the development of health care delivery as it relates to the master's-prepared nurse.

**Delivery:** 8-week online course

#### **NUR 541 Community Nursing: Human Diversity and Public Health** 4 credits

*Prerequisites: None*

Community Nursing: Human Diversity and Public Health focuses on identifying and responding to health-related concerns of diverse populations. The course explores the social, epidemiological, environmental, economic, cultural, and political influences on various communities' and populations' responses to health care and related challenges. It emphasizes building awareness and understanding of nursing's involvement in the ecology of health and designs strategies to promote health within the community, reduce health disparities, and prevent illness, disease, and injuries.

**Delivery:** 15-week online course

## Graduate Elective: 3 credits

### **NUR 690 Leadership in Nursing Education (recommended course) 3 credits**

*Prerequisites: None*

In order to meet the required number of program credits, 3 graduate-level elective credits must be taken. The course listed above is the recommended elective course, but other options are available. These may be completed within the graduate program or transferred from other graduate programs if they are deemed eligible for credit in the Master of Science in nursing program. Advisor approval is required when choosing an elective course.

## PHASE II

### Nursing Education Component: 12 credits

The nursing education component consists of four online courses totaling 12 credits. The courses that make up this component require synthesis of knowledge and application from the nursing core courses. Therefore, students should complete all of those courses before beginning the nursing education courses.

### **NUR 650 Designing a Student Learning Environment 3 Credits**

*Prerequisites: All Phase I courses*

Designing a Student Learning Environment focuses on the creation of teaching-learning environments and the integration of the role of faculty/educator, uniqueness of the student learner, the setting and context within which the learning occurs, the teaching-learning strategies used to promote nursing education, and evaluation of the effectiveness of this process.

**Delivery:** 8-week online course

### **NUR 655 Curriculum and Program Planning 3 Credits**

*Prerequisites: All Phase I courses*

Curriculum and Program Planning focuses on curriculum and syllabus/program development, including theoretical frameworks and design, philosophical foundations, and selection of learning experiences to achieve outcomes.

**Delivery:** 15-week online course

### **NUR 660 Evaluation and Assessment in Nursing Education 3 Credits**

*Prerequisites: All Phase I courses*

Evaluation and Assessment in Nursing Education is designed to introduce the student to the evaluation process, including test construction, clinical performance assessment, program evaluation, and strategies for evaluating learning outcomes.

**Delivery:** 15-week online course

### **NUR 665 Theories and Methods of Teaching with Technologies 3 Credits**

*Prerequisites: All Phase I courses*

In this course, the significance of technology as a part of effective teaching and learning is examined. Students, in the role of nurse educators, will explore and practice the technical knowledge and skills that support learning. The goal is to embrace the understanding and then use a variety of technologies that support the teaching-learning process in the online and face-to-face classroom, as well as using technology to enhance and enrich clinical learning and promote patient safety. Additionally, the course explores the relevance of information technology and information literacy to the 21st century curriculum within the context of supporting the learning of pre-licensure nursing students and members of the health care team. The ways in which nursing students acquire and use information to enhance safe and effective clinical practice will also be covered.

**Delivery:** 8-week online course

## PHASE III

Nursing Education Capstone: **5 credits**

**NUR 670 Nursing Education Capstone** 5 Credits

*Prerequisites: All Phase I and Phase II courses*

The Nursing Education Capstone is a 5-credit requirement consisting of three integrated components: educational/teaching experience, online seminar (15-week course), and virtual leadership retreat. This culminating experience of the graduate nursing program is designed to provide students with an opportunity to apply knowledge and competencies acquired throughout the program of study to actual and simulated educational situations. Performance assessment of the students' attainment of program competencies is built into the three components.

This requirement **must** be completed through Excelsior College.

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## Master of Science in Nursing with a Specialization in Nursing Informatics

**MS**  
**36** Total Degree  
Credits Required

PHASE I		PHASE II	
GRADUATE NURSING CORE	<b>Credit Hours</b>	NURSING INFORMATICS COMPONENT	<b>Credit Hours</b>
NUR 502 <b>Theoretical Foundations of Nursing Practice</b>	<b>3</b>	NUR 521 <b>Data, Information, and Knowledge</b>	<b>3</b>
NUR 514 <b>Professional Role Development</b>	<b>3</b>	NUR 551 <b>System Life Cycle</b>	<b>4</b>
NUR 513 <b>Research and Evidence-Based Practice</b>	<b>4</b>	NUR 680 <b>Management Information for Decision Support</b>	<b>3</b>
NUR 531 <b>Health Care Delivery Systems Political, Social, and Economic Influences</b>	<b>4</b>	<b>TOTAL NURSING INFORMATICS COMPONENT</b>	<b>10</b>
NUR 541 <b>Community Nursing: Human Diversity and Public Health</b>	<b>4</b>		
<b>TOTAL GRADUATE NURSING CORE</b>	<b>18</b>	<b>PHASE III</b>	<b>Credit Hours</b>
Graduate Elective	<b>3</b>	NUR 685 <b>Nursing Informatics Capstone</b>	<b>5</b>
<b>TOTAL PHASE I</b>	<b>21</b>	<b>TOTAL PHASE II AND III</b>	<b>15</b>

# Requirements for the Specialization in Nursing Informatics

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## PHASE I

Graduate Nursing Core: **19 credits**

### **NUR 502 Theoretical Foundations of Nursing Practice** 3 credits

*Prerequisites: None*

Theoretical Foundations of Nursing Practice focuses on the exploration of nursing knowledge development to include philosophy, theories, models, and concepts that have been designed to guide client care and research initiatives and to inform nursing practice. It provides approaches to analyze and critique a variety of theories in nursing and related fields.

**Delivery:** 8-week online course

### **NUR 513 Research and Evidence-Based Practice** 4 credits

*Prerequisites: Undergraduate research and statistics are highly recommended.*

*Statistics is a prerequisite for students enrolled in the RN to MS program.*

Research and Evidenced-Based Practice focuses on the research process and the analysis and evaluation of research to integrate the best evidence into practice. Emphasis is on the identification of generic and discipline-specific health care issues, synthesis of evidence, and translation of research to support and inform practice innovations.

**Delivery:** 8-week online course

### **NUR 514 Professional Role Development** 3 credits

*Prerequisites: None*

Professional Role Development examines the theoretical foundations of professional role development for the master's-prepared nurse. The course explores current factors, strategies, and inter-professional trends to analyze selected nursing roles and develop strategies for implementation. It highlights competencies and skills of the master's-prepared nurse in an environmental context through development of a professional portfolio.

**Delivery:** 8-week online course

### **NUR 531 Health Care Delivery Systems: Political, Social, and Economic Influences** 4 credits

*Prerequisites: None*

Health Care Delivery Systems: Political, Social, and Economic Influences fosters understanding of the impact of health care policy, organizational design, and health care finance on the delivery of health care services. It reviews basic economic theory, historical and social trends, and events pivotal in the development of health care delivery as it relates to the master's-prepared nurse.

**Delivery:** 8-week online course

### **NUR 541 Community Nursing: Human Diversity and Public Health** 4 credits

*Prerequisites: None*

Community Nursing: Human Diversity and Public Health focuses on identifying and responding to health-related concerns of diverse populations. The course explores the social, epidemiological, environmental, economic, cultural, and political influences on various communities' and populations' responses to health care and related challenges. It emphasizes building awareness and understanding of nursing's involvement in the ecology of health and designs strategies to promote health within the community, reduce health disparities, and prevent illness, disease, and injuries.

**Delivery:** 15-week online course

## Graduate Elective: **3 credits**

### **Graduate Elective** 3 credits

*Prerequisites: None*

In order to meet the required number of program credits, 3 graduate-level elective credits must be taken. These may be completed within the graduate program or transferred from other graduate programs if they are deemed eligible for credit in the Master of Science in nursing program. Advisor approval is required when choosing an elective course.

## PHASE II

### Nursing Informatics Component: **10 credits**

The nursing informatics component consists of three online courses totaling 10 credits. The courses that make up this component require synthesis of knowledge and application from the nursing core courses. Therefore, students must complete all Phase I courses before beginning the nursing informatics courses.

#### **NUR 521 Data, Information, and Knowledge** 3 credits

*Prerequisites: All Phase I courses*

The course focuses on the nature of data, the concepts of information and knowledge, and the principles of relational databases, systems operations, and information systems.

**Delivery:** 15-week online course

#### **NUR 551 System Life Cycle** 4 credits

*Prerequisites: All Phase I courses*

This course focuses on a structured approach to the selection and implementation of an information system. This structured approach is called the information system development life cycle and the course incorporates the five phases of the life cycle: planning, analysis, design, implementation, and evaluation.

**Delivery:** 15-week online course

#### **NUR 680 Management Information for Decision Support** 3 credits

*Prerequisites: All Phase I courses.*

This course focuses on the identification, acquisition, analysis, interpretation, and application of data, databases, and decision-making strategies for health care. It emphasizes decision support systems concepts, methodologies, and technologies, and includes content on model management, knowledge management, and strategies to consider when selecting decision-support systems.

**Delivery:** 8-week online course

## PHASE III

### Nursing Informatics Capstone: **5 credits**

#### **NUR 685 Nursing Informatics Capstone** 5 credits

*Prerequisites: Completion of all Phase I and II courses*

The Nursing Informatics Capstone is a 5-credit requirement consisting of three integrated components: informatics project management experience, online seminar (15-week course), and virtual retreat. This culminating experience of the graduate nursing program is designed to provide students with an opportunity to apply knowledge and skills acquired throughout the program of study to actual and simulated technology situations in health care. Performance assessment of the students' attainment of program competencies is built into the three components.

This requirement **must** be completed through Excelsior College.

# Dual Degree Program in Nursing

## RN to Master of Science in Nursing

The RN to Master of Science (RN to MS) in nursing program is designed to allow registered nurses to earn a Bachelor of Science in nursing, as well as a Master of Science in nursing with a specialization in Nursing Leadership and Administration of Health Care Systems, Nursing Education, or Nursing Informatics. With this option, students take graduate-level courses that replace some of the undergraduate requirements. The charts on [pages 58, 59, and 60](#) offer a visual representation of the requirements for the three specializations of the RN to MS in nursing program.

## Policies Specific to the RN to MS in Nursing Program

The Excelsior College *Student Policy Handbook* is your resource for understanding the academic and administrative policies that are important to your academic success. It includes a wide range of information from important federal policies, including your right to privacy, to grading policies and policies and procedures concerning refunds, withdrawals, and other administrative issues. It is your responsibility to be familiar with these policies.

**Additional policies and procedures that apply specifically to the RN to MS in nursing program are listed on the following pages.** File your *Student Policy Handbook* with your other important academic papers and this program catalog for easy reference.

### Admission

The RN to MS in nursing program is designed for registered nurses who have learning validated by prior education, have successfully completed the NCLEX-RN®, have a current license to practice as a registered nurse in the United States, and have not earned a bachelor's degree in any field.

### International Student Admission

In addition to official transcripts, nursing candidates must demonstrate that they have an equivalent U.S. Registered Nurse (RN) licensure. To be eligible for admission, the applicant must be a graduate from an approved school of nursing in their country of education and hold a current, unencumbered nursing license (if licensed in multiple jurisdictions and/ or countries, all licenses must be unencumbered). All nursing school transcripts and all licenses will be validated by primary source verification.

International candidates must apply to the Commission on Graduate of Foreign Nursing Schools (CGFNS) New York Credential Verification Service (NYCVS) and the New York State Education Department (NYSED) to have their

foreign nursing education evaluated and approved by the aforementioned organizations.

Detailed application information and instructions can be found in our application for admission.

### English Language Proficiency Requirement

International candidates from non-English speaking countries must show evidence of sufficient English language proficiency through one of the following options:

1. Submission of TOEFL (Test of English as a Foreign Language) or IELTS (International English Language Testing System) taken within the last two years.
2. Successful completion of the UExcel® ENGx111 English Composition exam or the UExcel® ENGx110 College Writing exam.
3. Submission of evidence of the successful completion of at least 9 credit hours of academic work in courses delivered in English at an institution of higher education in the United States.

### Time Limit

The RN to MS in nursing program is designed to be completed at your own pace. Students enrolled in the RN to MS in nursing program on or after September 1, 2001, are required to complete all degree requirements within a 12-year period of enrollment. This time limit on enrollment is cumulative if enrollment is not continuous. Those who do not complete the program within this time may be subject to dismissal.

If a student withdraws from the School of Nursing and re-enrolls at a later date, a five-year age limit on nursing theory credits will be in effect.

### Time Limit—General Education Component

With the exception of information literacy, there is no time limit on general education courses or examinations submitted for transfer credit in this

degree program. Credits earned at regionally accredited institutions or through approved examination programs and for which official transcripts are available will be evaluated regardless of when they were earned.

### Time Limit—Undergraduate Nursing Component

Credit submitted from nursing examinations and nursing courses for purposes of meeting requirements for the nursing component of the degree need to have been earned within five years prior to the date of enrollment in an Excelsior College nursing program. Please see page 37 for guidelines on waiver of Excelsior College nursing theory requirements.

There is no time limit on the nursing component credits as long as students remain actively enrolled in an Excelsior College nursing program. Should enrollment lapse and you reenroll, you will lose credit for any nursing examinations taken more than five years prior to reenrollment. If you have waived any of the nursing requirements during a previous enrollment, you will not automatically receive waiver of those requirements when reenrolling. The Excelsior College nursing faculty will review the courses again and you may lose the waiver, depending on the age of the course and current content requirements.

### Completion of the Dual Degree Program

The RN-to-MS dual degree program allows students to earn both the BS in nursing and the MS in nursing more efficiently than completing the two programs separately. **IMPORTANT NOTE:** Both degrees will be conferred at the same time, when all program requirements are complete. There is no “stop out” option to earn the BS in nursing degree half-way through the program.

If students require the BS in nursing as soon as possible, they must enroll into the stand-alone BS in nursing program (see page 27).

### Course Load Requirement

The undergraduate portion of the RN to MS program is self-paced. Once students reach graduate status, they must complete a minimum of two courses, or 6 credits per enrollment year, to remain enrolled in the program, unless a leave of absence has been requested in writing.

### Minimum Academic Average—Graduate Courses

Graduate students are required to have a 3.0 grade point average to graduate from the program. The graduate grade point average is calculated separately from the undergraduate grade point average.

#### Your Personalized MyExcelsior Account:

[www.excelsior.edu/MyExcelsior](http://www.excelsior.edu/MyExcelsior)

#### Admissions:

toll free 888-647-2388, ext. 27

#### Fee Schedules, Financial Aid, and Scholarships:

[www.excelsior.edu/fees](http://www.excelsior.edu/fees)

[www.excelsior.edu/financialaid](http://www.excelsior.edu/financialaid)

[www.excelsior.edu/scholarships](http://www.excelsior.edu/scholarships)

#### College Publications, Applications, and Forms:

[www.excelsior.edu/publications](http://www.excelsior.edu/publications)

#### Student Policy Handbook:

[www.excelsior.edu/studentpolicyhandbook](http://www.excelsior.edu/studentpolicyhandbook)

#### Course and Exam Information and Registration:

[www.excelsior.edu/courses](http://www.excelsior.edu/courses)

[www.excelsior.edu/exams](http://www.excelsior.edu/exams)

[www.UExcelTest.com](http://www.UExcelTest.com)

#### Excelsior College Community Resources:

[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Communities tab



# RN to Master of Science in Nursing with a Specialization in Nursing Leadership and Administration of Health Care Systems

**RN to MS**  
**142** Total Degree Credits Required

## BACHELOR'S-LEVEL GENERAL EDUCATION COMPONENT

Information Literacy<sup>②④</sup>

**Credit Hours**

**1**

English Composition<sup>①</sup>

**3**

Expository Writing Core<sup>①③</sup>

**3**

**TOTAL WRITTEN ENGLISH REQUIREMENT**

**6**

Humanities

**9**

Ethics Core (upper level)<sup>②</sup>

**3**

**TOTAL HUMANITIES**

**12**

Social Sciences/History

**9**

Psychology Core Requirement

**3**

Sociology Core Requirement

**3**

**TOTAL SOCIAL SCIENCES**

**15**

Natural Sciences/Mathematics

**3**

Human Anatomy and Physiology Core

**4**

Microbiology Core

**3**

Sciences Supportive of Nursing Core

**2**

Statistics Core<sup>⑤</sup>

**3**

**TOTAL NATURAL SCIENCES**

**15**

Arts & Sciences Electives

**12**

**TOTAL GENERAL EDUCATION COMPONENT**

**61**

## BACHELOR'S-LEVEL NURSING COMPONENT

**Credit Hours**

30 semester hours of nursing credit granted for prior learning validated by nursing education and successful completion of the NCLEX-RN®.

**30**

NUR 336 **The Profession of Nursing: Becoming Influential**

**3**

NUR 342 **Holistic Health Care Across the Life Span**

**4**

NUR 446 **Teaching and Learning in a Diverse Society**

**3**

NUR 456 **Leadership and Management in Nursing**<sup>⑥</sup>

**4**

## GRADUATE NURSING CORE

**Credit Hours**

NUR 513 **Research and Evidence-Based Practice**<sup>⑤</sup>

**4**

NUR 531 **Health Care Delivery Systems: Social, Political, and Economic Influences**

**4**

NUR 541 **Community Nursing: Human Diversity and Public Health**

**4**

**TOTAL BACHELOR'S-LEVEL NURSING COMPONENT**

**56**

Once students complete the bachelor's component of the RN to MS in nursing program, they become master's degree students and are eligible to complete the remaining graduate-level courses.

## MASTER'S COMPONENT

### PHASE I

GRADUATE NURSING CORE

**Credit Hours**

NUR 502 **Theoretical Foundations of Nursing Practice**

**3**

NUR 514 **Professional Role Development**

**3**

NUR 553 **Issues in Health Care Informatics**

**2**

NUR 680 **Management Information for Decision Support**

**3**

### PHASE II

NURSING LEADERSHIP AND ADMINISTRATION OF HEALTH CARE SYSTEMS COMPONENT

**Credit Hours**

NUR 615 **Management of Clinical Systems**

**3**

NUR 625 **Management of Fiscal and Operational Systems**

**3**

NUR 635 **Leadership in Organizational Systems**

**3**

### PHASE III

NUR 644 **Capstone Experience**

**5**

**TOTAL MASTER'S COMPONENT**

**25**

<sup>①</sup> Both writing requirements, including Expository Writing, are prerequisites to all nursing courses.

<sup>②</sup> Upper-level ethics and information literacy are co-requisites of NUR 336 and NUR 342.

<sup>③</sup> Immediate or advanced level.

<sup>④</sup> This requirement must be completed within the first 13 Excelsior College credits attempted.

<sup>⑤</sup> Statistics is a co-requisite for NUR 513.

<sup>⑥</sup> Successful completion of this course yields a certificate from Sigma Theta Tau International, Honor Society of Nursing.



# RN to Master of Science in Nursing with a Specialization in Nursing Education

**RN to MS**  
**143** Total Degree Credits Required

BACHELOR'S-LEVEL GENERAL EDUCATION COMPONENT		Credit Hours		Credit Hours
Information Literacy <sup>②④</sup>	1	Human Anatomy and Physiology Core		4
English Composition <sup>①</sup>	3	Microbiology Core		3
Expository Writing Core <sup>①③</sup>	3	Sciences Supportive of Nursing Core		2
<b>Total Written English Requirement</b>	<b>6</b>	Statistics Core <sup>⑤</sup>		3
Humanities	9	Natural Sciences/Mathematics		3
Ethics Core (upper level) <sup>②</sup>	3	<b>Total Natural Sciences</b>		<b>15</b>
<b>Total Humanities</b>	<b>12</b>	Arts & Sciences Electives		12
Social Sciences/History	9			
Psychology Core Requirement	3			
Sociology Core Requirement	3			
<b>Total Social Sciences</b>	<b>15</b>	<b>TOTAL GENERAL EDUCATION COMPONENT</b>		<b>61</b>

BACHELOR'S-LEVEL NURSING COMPONENT		Credit Hours	GRADUATE NURSING CORE	Credit Hours
30 semester hours of nursing credit granted for prior learning validated by nursing education and successful completion of the NCLEX-RN®.	30	NUR 513 <b>Research and Evidence-Based Practice</b> <sup>⑤</sup>		4
NUR 336 <b>The Profession of Nursing: Becoming Influential</b>	3	NUR 531 <b>Health Care Delivery Systems: Social, Political, and Economic Influences</b>		4
NUR 342 <b>Holistic Health Care Across the Life Span</b>	4	NUR 541 <b>Community Nursing: Human Diversity and Public Health</b>		4
NUR 446 <b>Teaching and Learning in a Diverse Society</b>	3	<b>TOTAL BACHELOR'S-LEVEL NURSING COMPONENT</b>		<b>56</b>
NUR 456 <b>Leadership and Management in Nursing</b> <sup>⑥</sup>	4	Once students complete the bachelor's component of the RN to MS in nursing program, they become master's degree students and are eligible to complete the remaining graduate-level courses.		

MASTER'S COMPONENT		Credit Hours	PHASE II NURSING EDUCATION COMPONENT	Credit Hours
<b>PHASE I GRADUATE NURSING CORE</b>			NUR 650 <b>Designing a Student-Learning Environment</b>	3
NUR 502 <b>Theoretical Foundations of Nursing Practice</b>	3	NUR 655 <b>Curriculum and Program Planning</b>	3	
NUR 514 <b>Professional Role Development</b>	3	NUR 660 <b>Evaluation and Assessment in Nursing Education</b>	3	
<b>Graduate Elective</b> NUR 690 <b>Leadership in Nursing Education</b> (recommended course)	3	NUR 665 <b>Theories and Methods of Teaching with Technologies</b>	3	
		<b>PHASE III</b>	<b>Credit Hours</b>	
		NUR 670 <b>Nursing Education Capstone</b>	5	
		<b>TOTAL MASTER'S COMPONENT</b>	<b>26</b>	

DUAL DEGREE PROGRAM

① Both writing requirements, including Expository writing, are prerequisites to all nursing courses.

② Upper-level ethics and information literacy are co-requisites for NUR 336 and NUR 342.

③ Intermediate or advanced level

④ This requirement must be completed within the first 13 Excelsior College credits attempted.

⑤ Statistics is a co-requisite for NUR 513.

⑥ Successful completion of this course yields a certificate from Sigma Theta Tau International, Honor Society of Nursing.



# RN to Master of Science in Nursing with a Specialization in Nursing Informatics

**RN to MS**  
**141** Total Degree Credits Required

BACHELOR'S-LEVEL GENERAL EDUCATION COMPONENT		Credit Hours			Credit Hours
Information Literacy <sup>②④</sup>		1	Human Anatomy and Physiology Core		4
English Composition <sup>①</sup>		3	Microbiology Core		3
Expository Writing Core <sup>①③</sup>		3	Sciences Supportive of Nursing Core		2
<b>TOTAL WRITTEN ENGLISH REQUIREMENT</b>		<b>6</b>	Statistics Core <sup>⑤</sup>		3
Humanities		9	Natural Sciences/Mathematics		3
Ethics Core (upper level) <sup>②</sup>		3	<b>TOTAL NATURAL SCIENCES</b>		<b>15</b>
<b>TOTAL HUMANITIES</b>		<b>12</b>	Arts & Sciences Electives		12
Social Sciences/History		9	<b>TOTAL GENERAL EDUCATION COMPONENT</b>		<b>61</b>
Psychology Core Requirement		3			
Sociology Core Requirement		3			
<b>TOTAL SOCIAL SCIENCES</b>		<b>15</b>			

BACHELOR'S-LEVEL NURSING COMPONENT		Credit Hours	GRADUATE NURSING CORE		Credit Hours
30 semester hours of nursing credit granted for prior learning validated by nursing education and successful completion of the NCLEX-RN <sup>®</sup> .		30	NUR 513 <b>Research and Evidence-Based Practice</b> <sup>⑤</sup>		4
NUR 336 <b>The Profession of Nursing: Becoming Influential</b>		3	NUR 531 <b>Health Care Delivery Systems: Social, Political, and Economic Influences</b>		4
NUR 342 <b>Holistic Health Care Across the Life Span</b>		4	NUR 541 <b>Community Nursing: Human Diversity and Public Health</b>		4
NUR 446 <b>Teaching and Learning in a Diverse Society</b>		3	<b>TOTAL BACHELOR'S-LEVEL NURSING COMPONENT</b>		<b>56</b>
NUR 456 <b>Leadership and Management in Nursing</b> <sup>⑥</sup>		4	Once students complete the bachelor's component of the RN to MS in nursing program, they become master's degree students and are eligible to complete the remaining graduate-level courses.		

MASTER'S COMPONENT		Credit Hours	PHASE II NURSING INFORMATICS COMPONENT		Credit Hours
<b>PHASE I GRADUATE NURSING CORE</b>			NUR 521 <b>Data, Information, and Knowledge</b>		3
NUR 502 <b>Theoretical Foundations of Nursing Practice</b>		3	NUR 551 <b>System Life Cycle</b>		4
NUR 514 <b>Professional Role Development</b>		3	NUR 680 <b>Management Information for Decision Support</b>		3
<b>Graduate Elective</b> (related to the specialization)		3	<b>PHASE III</b>		<b>Credit Hours</b>
			NUR 685 <b>Nursing Informatics Capstone</b>		5
			<b>TOTAL MASTER'S COMPONENT</b>		<b>24</b>

① Both writing requirements, including Expository Writing, are prerequisites to all nursing courses.

② Upper-level ethics and information literacy are co-requisites of **NUR 336** and **NUR 342**.

③ Immediate or advanced level.

④ This requirement must be completed within the first 13 Excelsior College credits attempted.

⑤ Statistics is a co-requisite for **NUR 513**.

⑥ Successful completion of this course yields a certificate from Sigma Theta Tau International, Honor Society of Nursing.

## RN to MS in Nursing Requirements



The RN to MS in nursing program requires completion of **141–143** credits—**61** general education credits and **81–83** nursing credits (depending on specialization).

You are subject to the degree requirements in effect at the time of your enrollment or program/degree transfer (program transfer refers to change from one school to another; degree transfer refers to changing degrees within the same school).

The faculty reserves the right to make changes in curricular requirements as necessary to reflect current professional practice. Changes may affect both enrolled and prospective students. It is your responsibility to keep informed of such changes. We make every effort to inform you of changes as they occur. Current information about degree requirements is posted on our website. Information about changes to degree requirements is also made available on our [website](#).

### General Education Component

**61 credits**

See pages **30–32** in the undergraduate section of this catalog for detailed information about undergraduate general education requirements. The bachelor's degree-level requirements must be completed before registering for any graduate-level courses.

### Nursing Component

**81, 82, or  
83 credits**  
Depending on MS  
specialization

The nursing component of the RN to MS degree includes bachelor's requirements and graduate-level requirements. Prerequisites for all of the nursing courses include all written English, upper-level ethics, and information literacy requirements. Policies on repeating requirements and criteria for waiver of bachelor's requirements are listed on **37** of this catalog.

### Bachelor's Phase

The bachelor's component tests knowledge and professional competencies equivalent to those expected of graduates of campus-based BS in nursing programs. Emphasis is placed on integration of nursing knowledge and related sciences in a variety of complex situations related to the nursing care of individuals, families, and communities with major health problems.

Students eligible for the RN to MS program will be granted a minimum of 30 semester hours of credits for prior learning that is validated by successful completion of the National Council Licensure Examination for Registered Nurses (NCLEX-RN®) and learning validated by prior education.

The requirements in the bachelor's component of the RN to MS program that are common to the Bachelor of Science in nursing program are **NUR 456 Leadership and Management in Nursing**, **NUR 342 Holistic Health Care Across the Life Span**, **NUR 446 Teaching and Learning in a Diverse Society**, and **NUR 336 The Profession of Nursing**.

RN to MS students complete three graduate-level online courses as part of their undergraduate requirements: **NUR 513 Research and Evidence-Based Practice**; **NUR 531 Health Care Delivery Systems**;

Political, Social, and Economic Influences; and NUR 541 Community Nursing: Human Diversity and Public Health.

RN to MS students do not complete the undergraduate Community Health Nursing and Research in Nursing requirements, or the bachelor's-level Nursing Capstone requirement. Their study of community health nursing, research, and capstone content are at the graduate level.

Nursing courses from hospital diploma programs both in the United States and abroad are not eligible for transfer credit.

Contact your academic advisor for program planning assistance.

### Bachelor's Phase Requirements

(See the bachelor's degree program section, pages 32–34, for descriptions of the following requirements.)

**NUR 336 The Profession of Nursing** 3 credits

**NUR 342 Holistic Health Care Across the Life Span** 4 credits

**NUR 446 Teaching and Learning in a Diverse Society** 3 credits

**NUR 456 Leadership and Management in Nursing**<sup>①</sup> 4 credits

<sup>①</sup> Upon successful completion of this course, students will receive a Nurse Manager program certificate from Sigma Theta Tau International, Honor Society of Nursing.



Sigma Theta Tau International  
Honor Society of Nursing®

(See the graduate degree program section, pages 39–54, for descriptions of the following courses.)

**NUR 513 Research and Evidence-Based Practice** 4 credits

**NUR 531 Health Care Delivery Systems: Political, Social, and Economic Influences** 4 credits

**NUR 541 Community Nursing: Human Diversity and Public Health** 4 credits

### Graduate-Level Phases

Students who complete the bachelor's component are granted graduate status. Having completed 12 of the 37–39 master's-level credits as undergraduates, they then complete the remaining credits of the master's degree program in the Nursing Leadership and Administration of Health Care Systems, Nursing Education, or Nursing Informatics specialization. See pages 40–54 for descriptions of required courses.

#### Your Personalized MyExcelsior Account:

[www.excelsior.edu/MyExcelsior](http://www.excelsior.edu/MyExcelsior)

#### Fee Schedules, Financial Aid, and Scholarships:

[www.excelsior.edu/fees](http://www.excelsior.edu/fees)

[www.excelsior.edu/financialaid](http://www.excelsior.edu/financialaid)

[www.excelsior.edu/scholarships](http://www.excelsior.edu/scholarships)

#### College Publications, Applications, and Forms:

[www.excelsior.edu/publications](http://www.excelsior.edu/publications)

#### Student Policy Handbook:

[www.excelsior.edu/studentpolicyhandbook](http://www.excelsior.edu/studentpolicyhandbook)

#### Course and Exam Information and Registration:

[www.excelsior.edu/courses](http://www.excelsior.edu/courses)

[www.excelsior.edu/exams](http://www.excelsior.edu/exams)

[www.UExcelTest.com](http://www.UExcelTest.com)

#### Learning Resources:

[www.excelsior.edu/myexcelsior](http://www.excelsior.edu/myexcelsior), click on the Resources tab

# Certificates in Nursing

## Graduate Certificates

Our graduate-level online nursing certificate programs offer an affordable, practical route to increasing career opportunities—and earning potential—in nursing education or management.

Your certificate can be a stand-alone educational credential or you may also apply the earned credits toward a master's degree.

Using convenient, flexible, and affordable online courses, our nursing certificate programs are designed for busy licensed registered nurses ready to assume leadership roles in nursing education or management.

# Graduate Certificate in Nursing Leadership and Administration of Health Care Systems

This program is designed to meet the needs of nursing professionals seeking leadership, administration, and executive positions in a variety of health care settings. The certificate program also meets the needs of registered nurses currently in management who wish to pursue further learning and career advancement. The 12-credit graduate-level certificate program consists of four required courses. The courses are delivered entirely online for maximum flexibility.

## Educational Outcomes

By completion of the program, the student will be able to:

- establish collaborative partnerships with interdisciplinary teams to pursue health-related goals and influence change.
- apply principles and theories of performance improvement, systems thinking, health policy, and resource allocation to manage the health care enterprise or outcomes.
- use knowledge and analytical skills to appraise the contextual environment of health care in order to inform and influence decision making across the health care system.
- apply knowledge and skills from multiple disciplines in the use of clinical management information systems to improve client (defined as individuals, families, aggregates, communities, and systems) care.

## Admission

Prospective students must have an RN license and a bachelor's degree in nursing with at least

- one year of leadership experience or
- a bachelor's degree with a non-nursing major with at least one year of leadership experience

## Required Courses

### **NUR 615 Management of Clinical Systems** 3 credits

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Management of Clinical Systems focuses on the application of management principles, processes, techniques, and tools to shape a supportive environment of care and promote continuous improvement in clinical care systems. It emphasizes environments of care, political, economic, technological, and social influences on care, workforce management, improvement initiatives, managing information, systems thinking, change theory, and health policy.

### **NUR 625 Management of Fiscal and Operational Systems** 3 credits

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Management of Fiscal and Operational Systems focuses on the application of management principles to design cost-effective clinical systems and to achieve optimal resource use across the health care enterprise. It emphasizes the integration of care, quality, and finance to design cost-effective clinical systems.

### **NUR 635 Leadership of the Organizational System** 3 credits

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Leadership of the Organizational System focuses on critical examination of leadership styles, strategies, and competencies of the nurse executive in order to successfully manage the health care enterprise. It emphasizes leadership skills for strategic planning, enhancing team performance and interdisciplinary collaboration, and creating a culture of quality performance and quality initiatives.

### **NUR 680 Management Information for Decision Support** 3 credits

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Management Information for Decision Support focuses on the identification, acquisition, analysis, interpretation, and application of data, databases, and decision-making strategies for health care. It emphasizes decision-support systems concepts, methodologies, and technologies, and includes content on model management, knowledge management, and strategies to consider when selecting decision-support systems.

## Post-Master's Certificate in Nursing Education

This program is designed to meet the needs of nursing professionals in academic or clinical teaching roles who wish to pursue further learning in nursing education and to address the critical shortage of nurses in teaching roles. The certificate program consists of 12 graduate-level credits with three required courses and the choice of one elective from two other specific courses. The courses are delivered entirely online for maximum student flexibility.

### Educational Outcomes

By completion of the program, the student will be able to:

- apply knowledge and skills from multiple disciplines in designing curricula and formatting program outcomes.
- create an educational environment that facilitates student learning and achieves desired outcomes.
- develop approaches to the educational environment that address the cultural, ethical, legal, social, economic, and political requirements of diverse populations and stakeholders and impact the educator role.
- use multiple strategies to assess and evaluate learning in various settings.
- develop knowledge and skills to prepare for the National League for Nursing Certified Nurse Educator (CNE) examination.

### Admission

Prospective students must have an RN license and a bachelor's degree in nursing and a

- master's degree in nursing or a related field, **OR**
- a bachelor's degree with a non-nursing major and a master's degree in nursing

### Required Courses

**NUR 650 Designing a Student Learning Environment** 3 credits

Designing a Student Learning Environment focuses on the creation of teaching-learning environments and the

integration of the role of faculty/educator, the uniqueness of the student learner, the setting and context within which the learning occurs, the teaching-learning strategies used to promote nursing education, and the evaluation of the effectiveness of this process.

**NUR 655 Curriculum and Program Planning** 3 credits

Curriculum and Program Planning focuses on curriculum and syllabus/program development, including theoretical frameworks and design, philosophical foundations, and selection of learning experiences to achieve outcomes.

**NUR 660 Evaluation and Assessment in Nursing Education** 3 credits

Evaluation and Assessment in Nursing Education is designed to introduce the student to the evaluation process, including test construction, clinical performance assessment, program evaluation, and strategies for evaluating learning outcomes.

### Elective Courses (choose one)

**NUR 665 Theories and Methods of Teaching with Technologies** 3 credits

Theories and Methods of Teaching with Technologies provides an opportunity to acquire knowledge and develop skills for using technologies to support the teaching-learning process, including using media, multimedia, and technology-rich and online learning environments.

**NUR 690 Leadership in Nursing Education** 3 credits

This course is designed for aspiring leaders in nursing education. Using an innovative approach to learning, this course prepares leaders to meet the challenges confronting nursing education today. Students will refine their expertise in leadership, enhance their skills as agents of change, and apply recommendations from the Institute of Medicine and health care reform to nursing education. Through this course, students gain an appreciation for the influence that organizational, political, and personal power has in educational organizations, strategic planning, and team building.

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# New York State Education Department Inventory of Registered Programs

Higher Education General Information Survey Code for Classifying Academic Subject Areas.

Program Title	HEGIS	Award
<b>School of Business and Technology, Business Programs</b>		
Administrative/Management Studies	5004	AAS
Business	5001	AS
Business	0501	BS
Accounting (NYS CPA Track)	0502	BS
Bachelor of Professional Studies in Business and Management	0599	BPS
Business	0506	MBA
<b>School of Business and Technology, Technology Programs</b>		
Cybersecurity	5199	Certificate
Cybersecurity Management	0799	Certificate
Cyber Operations	0702	BS
Technical Studies	5315	AAS
Management	0506	MS
Nuclear Technology	5316	AS
Technology	5315	AS
Technology	0925	BS
Electrical Engineering Technology	0925	BS
Information Technology	0702	BS
Nuclear Engineering Technology	0925	BS
Bachelor of Professional Studies in Technology Management	0599	BPS
Cybersecurity	0702	MS
<b>School of Health Sciences Programs</b>		
Health Care Informatics	1203.12	Certificate
Health Care Management	1202	BS
Health Sciences	1201	BS, MS

Program Title	HEGIS	Award
<b>School of Liberal Arts Programs</b>		
Liberal Arts	5649	AA, AS
Liberal Arts	4901	BA, BS
Liberal Studies	4901	MA
History	2205	BA, BS
Humanities	1599	BA
Natural Sciences	1901	BS
Psychology	2001	BA, BS
Social Sciences	2201	BS
Sociology	2208	BA, BS
<b>School of Nursing Programs</b>		
Nursing	5208	AAS, AS
Nursing	1203.10	BS, RN-MS, MS
Nursing Education	1203.12	Certificate
Nursing Leadership and Administration of Health Care Systems	1203.12	Certificate
<b>School of Public Service Programs</b>		
Criminal Justice	2105	BS, MS
Homeland Security	5505	Certificate
Military Studies	2299	BS



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